

# 18TH SUNDAY IN ORDINARY TIME

GIO-

Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." - Jn 6:32-33



HELP OUR MARRIAGE.ORG -Are you facing difficult challenges in your marriage relationship? Retrouvaille is a program that helps couples restore their marriage and rebuild a loving relationship. It is a Christian marriage program, Catholic in origin, where couples of all faiths or no faith background are encouraged to attend. Primarily, it is a



practical program to improve communication, build stronger marriages, and help couples reconnect. Our next weekend in English will be September 20-22, 2024, at St. John's Center in Little Rock. To register: www.helpourmarriage.org. For more information, you can call 1-800-470-2230 or you may contact out Family Life Office at 501-664-0340 for more information.

Sunday Collections for 7/28/2024

Regular Collections: \$2,484.00
Building Collections: \$13.00
Local Charities: \$36.00

Please Pray For: Terry & Pat Dean, Del Waller, Allen Nieves, Andrew Tovar, Mary Lou Fuller, Amy Tegley, Toni Meyers, Myrtle Tharp, Fred Becker, Tiffany, Jesse, Bill & Faye McKee, Mataya and Rayland Winburn, Maya Tamayo, Maria Sandoval, Maria Welch, Cindy Mitchell, David, Jane & Monica Reuter, Denise Reuter, Rodriguez Family, Baldwin Family, Elver Morales, Sebastian Camarillo, Chris Jablonski, June Sawyer, David Ingram, Barbara Strain, Larry Miller, Kathy Owen, and Norma Miller. Nursing home patients and homebound: Betty Blach, Kevin Harris, Bob Doss, Flo Fitzsimmons and Bill Jenkins. Our Military: Marissa Richter-Army Nat'l Guard, Jonathon Waller-Army, Michael A. Wilhelm-Army in Korea, Dr. Kate Williams-Army Reserve, Daniel Clifford- Chief Navy Officer, Thomas Dean-Corrections Officer, Robert Dean-EMT, Michael

#### Women's Retreat at Subíaco

Alcala-Airforce. Our law Enforcement: Robert Bartos, Eric Richter,

Mary Clifford, Josue Rangel, and all

others in the Armed Forces & Law

Enforcement.

A women's retreat, titled "Thy Will Be Done - Putting Ourselves in the Hands of God," will be held Oct. 4-6 at Subiaco Abbey. This retreat fills quickly so do not delay in registering. The retreat directors/ speakers are Debbie Eckert, spiritual director and retired business owner, and Father John Marconi, spiritual director and priest of the Diocese of Little Rock. The cost is \$205 per person (double room), \$245 (single room) or \$115 (commuters) and includes six meals for overnight and four meals for commuters. Contact Nancy to register or for more information at (281) 381-8645 or

nunverferth@gmail.com.

Page Three August/Agosto 4, 2024



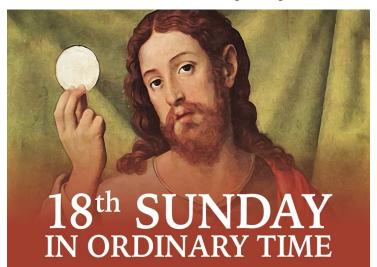
Our Seminarians for the month of August, 2024

Benjamin Keating
Contact address:
St. Meinrad Seminary,
200 Hill Drive,
St. Meinrad, IN 47577
For more information
on our seminarians, go to

www.dolr.org/seminarians



Phillip Necessary



# REGISTER FOR RELIGIOUS EDUCATION



Registration Packets for Religious Education are located in the back of the church. Please take one and return it to the parish office during regular business hours.

Los paquetes de inscripción para educación religiosa se encuentran en la parte trasera de la iglesia. Tome uno y devuélvalo a la oficina parroquial durante el horario comercial habitual.

## INSCRÍBANSE PARA LA EDUCACIÓN RELIGIOSA

Catholic Charities of Arkansas Golf Tournament, Monday, October 7th - This year's golf tournament benefiting Catholic Charities of Arkansas will be Monday, October 7 at Rebsamen Golf Course in Little Rock. The cost of a four-person team is \$600 and includes food, refreshments, and on course beverages. The field will be limited to 22 teams. Tee time is 1:00 p.m. for a shotgun start and scramble format. Team prizes will be flighted and contests will include hole-in-one and longest drive. If golf is not your game, consider being a \$150 sponsor for a priest to play or a hole sponsor for \$500. You can register your team or make a donation/sponsorship pledge online at bit.ly/cca-golf. For more information, contact Megan Moore at <a href="mmoore@dolr.org">mmoore@dolr.org</a> or by calling (501) 664-0340, ext. 379. Thank you for supporting Catholic Charities of Arkansas.



La Diócesis Católica de Little Rock está comprometida con la protección de niños y jóvenes. Si tiene conocimiento de abuso o ha sido abusado por clérigos, voluntarios de la Iglesia o trabajadores de la Iglesia, comuníquese con la Línea Directa del Estado de Arkansas para Delitos contra Niños al 1-800-482-5964 y el Canciller de Asuntos Canónicos, Dcn. Matthew A. Glover, (501) 664-0340 ext. 361. Para obtener ayuda pastoral, comuníquese con el Coordinador de Asistencia a las Víctimas de la Diócesis de Little Rock: Laura Gottsponer (501) 664-0340, ext. 425. Diócesis de Little Rock, 2500 N. Tyler Street, Little Rock, AR 72207.



The Catholic Diocese of Little Rock is committed to protecting children and young people. If you are aware of abuse or have been abused by clerics, Church volunteers, or Church workers, please contact the State of Arkansas Hotline for Crimes against Children at 1-800-482-5964 and the Chancellor for Canonical Affairs, Dcn. Matthew A. Glover, (501) 664-0340 ext. 361. For pastoral assistance please contact the Victim Assistance Coordinator for the Diocese of Little Rock: Laura Gottsponer (501) 664-0340, ext. 425. Diocese of Little Rock, 2500 N. Tyler Street, Little Rock, AR 72207.

## **Worship & Meditation**

# Readings for the week of August 4, 2024

#### Sunday:

Ex 16:2-4, 12-15/Ps 78:3-4, 23-24, 25, 54 (24b)/Eph 4:17, 20-24/Jn 6:24-35

#### Monday:

Jer 28:1-17/Ps 119:29, 43, 79, 80, 95, 102/ Mt 14:13-21

#### **Tuesday:**

Dn 7:9-10, 13-14/Ps 97:1-2, 5-6, 9/ 2 Pt 1:16-19/Mk 9:2-10

#### Wednesday:

Jer 31:1-7/Jer 31:10, 11-12ab, 13/Mt 15:21-28

#### Thursday:

Jer 31:31-34/Ps 51:12-13, 14-15, 18-19/ Mt 16:13-23

#### Friday:

Na 2:1, 3; 3:1-3, 6-7/Dt 32:35cd-36ab, 39abcd, 41/Mt 16:24-28

#### Saturday:

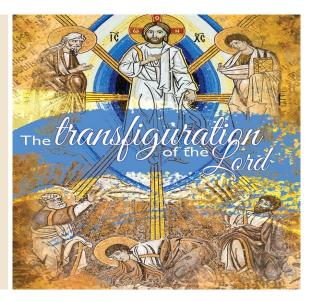
2 Cor 9:6-10/Ps 112:1-2, 5-6, 7-8, 9/ Jn 12:24-26

#### **Next Sunday:**

1 Kgs 19:4-8/Ps 34:2-3, 4-5, 6-7, 8-9(9a)/ Eph 4:30—5:2/Jn 6:41-51



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# **Gospel Meditation Encourage Deeper Understanding of Scripture**

Since my college days I've loved a song called "Dance with You" by the rock band Live. It touches on the deep mystical hunger of our heart: "I've tasted all the wines/ a half a billion times/ came sickened to your shore/ you showed me what this life is for." These lines resonate with anyone who has feasted on the good things of this world only to be left spiritually hungover and unsatisfied.

We see a similar dynamic evoked by Jesus' words after he feeds the crowd with bread and fish. To teach them to hunger for God, he recalls God's gift of manna-bread for the hungry ancient Israelites. Those folks had grown spiritually sick from the idolatrous food of Egypt yet still longed for more worthless pagan food. So, God sent heavenly bread to nourish their bodies, but also to heal their distrustful hearts. His people — like us — must learn to hunger and thirst for God alone. Before we can receive that which will not disappoint, we first must cease expecting that earthly goods will satisfy us.

We will get to the Lord's teaching on the Eucharist in the next two weeks. But first, he asks us: do you trust me to take care of you? Do you trust me to give you what you need for each day, and to not worry about the next day? Do you see that when you hungrily stuff yourself with the things of this world you become sick and lose your taste for the bread of life? So, our hungry hearts cry out: Lord, help us to trust that you'll provide for our every need. Help us to use only what we truly need. Help us hunger for the goodness of your Son, who is the true bread from heaven. That is what this life is for.

— Father John Muir

## **Weekly** Prayer

#### **Sunday's Readings**

#### First Reading:

"I will now rain down bread from heaven for you. Each day the people are to go out and gather their daily portion." (Ex 16:4)

#### Psalm:

The Lord gave them bread from heaven. (Ps 78)

#### **Second Reading:**

Be renewed in the spirit of your minds, and put on the new self, created in God's way in righteousness and holiness of truth. (Eph 4:23-24)

#### Gospel:

"I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." (Jn 6:35)

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#### **Live The Liturgy** Inspiration of the Week

Jesus reminds his followers: "Do not work for food that perishes, but for the food that endures for eternal life." We are so often distracted by the world before us, by the here and now. Let us not forget what is eternal. We were made for what is eternal.

#### Observances for the week of August 4, 2024

Sunday: 18th Sunday in Ordinary Time

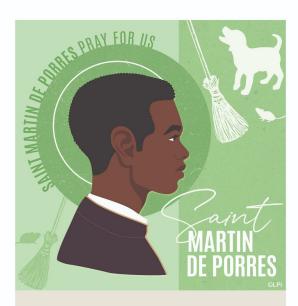
Monday: The Dedication of the Basilica of St. Mary Major

Tuesday: The Transfiguration of the Lord Wednesday: St. Sharbel Makhluf, Priest

Thursday: St. James, Apostle

Friday: St. Teresa Benedicta of the Cross, Virgin & Martyr

Saturday: St. Lawrence, Deacon and Martyr Next Sunday: 19th Sunday in Ordinary Time



#### Saint of the week

St. Martin de Porres (1579-1639) is the first Black saint of the Americas. He had a great love of the Eucharist and was known for caring equally for all regardless of race or status. He founded an orphanage and school and even cared for the mice and rats at his monastery.

#### **Prayer of Hunger**

Dear Jesus.

You are the one who fed the hungry. But your work doesn't only exist on the pages of an old book. You're working now. Work in us, to bring food to those in need.

Work in us, to satisfy the places we most need you.

Amen.

Jesus said to them, "Amen, amen, I say to you, it was not Moses who gave the bread from heaven; my Father gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." - Jn 6:32-33

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#### **Questions of the Week**

**Invite Parishioners to Reflect and Respond to Scripture** 

#### First Reading:

God heard the plea of the Israelites who feared they would die of starvation in the desert and in response, God sent them quail and bread to eat. What will you pray for this week?

#### **Second Reading:**

Paul taught the Gentiles of the Ephesian church to give up their former way of life and live with renewed minds in the truth of Jesus. What have you gained by being a believer in Jesus?

#### Gospel:

Jesus teaches the crowds in Capernaum that he is "the bread of life" who feeds all who believe in him. Is there someone you know hungry for Jesus?



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### **Liturgical** Life

# CATHOLIC

#### **Food That Perishes**

It's so easy to do the right thing because we want to tick all the right boxes. We want to live by the law. We want to accomplish the work of God.

Or, at least, we say that we do.

But Jesus tells us that in order to accomplish the work of God, we have to believe in the one he sent. And to believe in Christ is to be filled with the spirit of truth — to do what is right because it is right, not because we want to be filled with good feelings.

What is the difference between doing what is right because you want to be a good Christian, and doing what is right because you believe in Christ?

It's the difference between eating manna and the Eucharist. One fills your stomach and keeps you alive, and nothing more. The other satisfies a hunger you might not have even known you had, or if you did know, you called it by another name — sadness, unfulfillment, fear. One achieves a corporeal goal, and that's the end of it. The other accomplishes something invisibly, secretly, silently, and though there is physical evidence of its work all around us, you have to be shrewd to recognize it.

It's the difference between making a social media post condemning sin and enveloping a sinner (the one at our dinner table, the one on the street, the one staring back at us in the mirror) with love and concern. It's the difference between simply going to Mass and living the Gospel. It's the difference between speaking to God and saying a prayer. It's the difference between telling someone they're wrong and telling them about the truth.

There's nothing wrong doing what is right because we long for heaven, and there's nothing wrong with eating manna if you're starving. But that alone isn't enough. We must also long for the bread of heaven, the bread that gives life to the world.

"Jesus said to them, 'I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst."" — John 6:35

- Colleen Jurkiewicz Dorman

# Why do we do that? Catholic Life Explained

#### Question:

If God knows everything we do, why do we need to go to Confession?

#### Answer:

Another term for the Sacrament of Confession is the Sacrament of Reconciliation. We go to this sacrament not only to confess our sins, but to be reconciled with God. Of course, this beas the question, "If I can pray to God on my own, why can't I be reconciled to God on my own?" In the seven sacraments, we recognize the importance of community. Sacraments like baptism or matrimony happen in the context of the wider church to remind us of the communal impact of our lives. We are not alone in our walk of faith!

We don't need to confess our sins in front of the whole community - thank God! But going to the Sacrament of Reconciliation is a tangible reminder that our sins affect not only ourselves and our relationship with God, but others as well. Jesus gave his Apostles authority to forgive sins in his name. Through this sacrament, we are really, truly forgiven by God Himself. We receive an outpouring of grace and strength to sin no more and our relationship with Christ and his Body, the Church, are restored.



# PROJECT RACHEL MINISTRY

# Virtual Healing Resource (VHR) Gathering

This is a virtual gathering for anyone who has been affected by trauma of abortion.

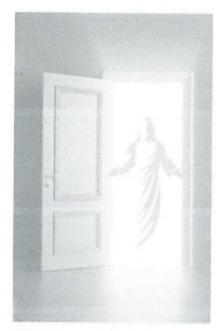
Available to join via ZOOM, so that anyone, anywhere, can participate from the comfort of their own space, anonymously if desired.

Monday, August 5th from 6:30 - 7:30 Topic: FORGIVENESS

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OF THE DIOCESE OF LITTLE ROCK



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#### Adriana Rodriguez

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#### Kristine Grelle

kristine.grelle@gmail.com 479-633-3309 (English)

#### Zola Moon

zola@infinitelyrooted.com 479-236-4139 (English)

# Abre la puerta a la oración personal

sábado, el 24 de agosto 2024 Iglesia de San Vicente de Paul, Rogers 12 – 4 pm

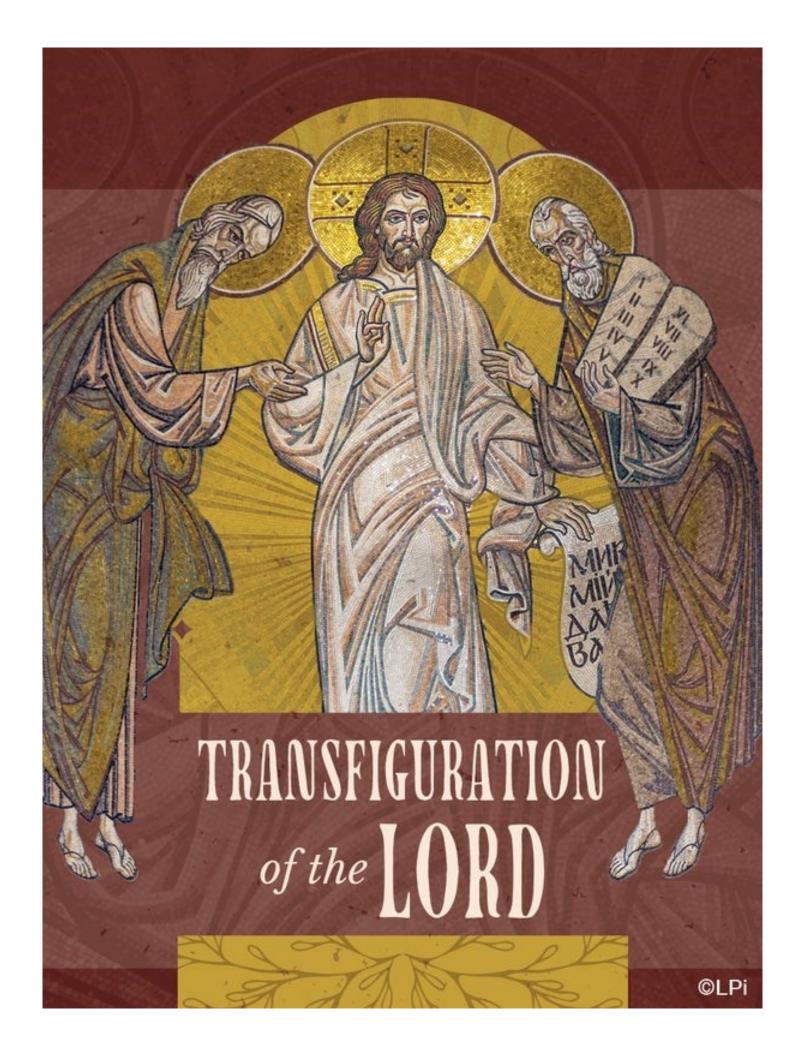
Venga a un retiro experiencial sobre los métodos de la oración personal. Este retiro será dirigido por directores espirituales formados en la espiritualidad Ignaciana. Durante el retiro, los participantes experimentarán la oración personal silenciosa, el diario y los pasos de oración para ayudarlo a descubrir su propio ritmo de oración. Los participantes tendrán un folleto para llevar a casa que se puede usar después del retiro. Se solicita una donación de \$10 para cubrir el folleto, los refrigerios y los materiales. Este retiro se presentará en inglés y en español.

# Open the Door to Personal Prayer

Saturday, August 24 2024 St. Vincent de Paul, Rogers 12 – 4 pm

Join us for a one-day experiential retreat that introduces practices for personal prayer. This retreat is led by Ignatian trained and experienced spiritual directors. During the retreat, participants will experience silent personal prayer, journaling, and prayer steps to help you discover your own prayer rhythm. Participants will have a take-home booklet that can be used after the retreat. A \$10 donation is requested to cover booklet, snacks and materials. This retreat will be presented in English and in Spanish.

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# PRAYERS MONTHLY

FAITH IN ACTION CALENDAR/HIGHLIGHTS	
TUESDAY <b>AUG 6</b>	Feast of the Transfiguration

WEDNESDAY AUG 14

St. Maximilian Mary Kolbe, Priest & Martyr

SATURDAY AUG 24 St. Bartholomew, Apostle

Faith Formation Companion to Prayers in the Pew™

#### → MONTHLY SYNOPSIS ←

August 2024 –In August the Church remembers and celebrates the great mystery of the Assumption of Mary into heaven. She was sinless from the first moment of her conception and after her death was taken by Christ – body and soul – to reign with Him in paradise. Let us live this month in prayer and devotion to the Blessed Virgin Mary, our Queen.

#### THE ANIMA CHRISTI

Among the many prayers that priests have composed throughout the centuries, one of these prayers stand out. The Spanish priest, St. Ignatius Loyola (1491-1556), was founder of the Jesuit order and a man who spent his life teaching people the value of their souls. His Spiritual Exercises is a retreat manual and privileged spiritual direction resource even to this day.

St. Ignatius' most famous prayer, the Anima Christi, is a marvelous spiritual reflection on the Passion of Christ. The title is Latin (translated "Soul of Christ") and is the first line of the prayer.

#### ANIMA CHRISTI

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, inebriate me. Water from Christ's side, wash me. Passion of Christ, strengthen me. O good Jesus, hear me. Within Thy wounds hide me. Suffer me not to be separated from Thee. From the malicious enemy defend me. In the hour of my death call me. And bid me come unto Thee. That I may praise Thee with Thy saints and with Thine angels. Forever and ever. Amen.

Notice that the prayer touches on the entire sacred humanity of Jesus: His Body and Soul, as well as the Blood and water that flowed from His Heart. These elements are images of the Eucharist and symbolize the whole sacramental life of the Church.

The Anima Christi is also a very personal prayer to Jesus that anyone can pray with heartfelt devotion. It is also short enough for the average person to memorize! Together with St. Ignatius, we must ask Christ to save us from the power the evil one and to lead us through the problems of life to the Kingdom of God, where we hope to share eternity with Him.



#### SPIRITUAL CHALLENGE

This month, let us challenge ourselves to arrive at Mass early and spend some time recollecting our souls in preparation for the liturgy. Secondly, instead of rushing out of the church after Mass, make sure to spend five extra minutes giving thanks to the Lord so that we may reap the interior fruits of the divine Gift we have just received.

#### CALENDAR OF FAITH | August

AUG 1 Thu	St. Alphonsus Liguori, Priest
AUG 4 Sun	St. John Marie Vianney, Priest
AUG 5 Mon	Dedication of the Basilica of St. Mary Major in Rome
AUG 6 Tue	Feast of the Transfiguration
AUG 8 Thu	St. Dominic, Priest
AUG 10 Sat	St. Lawrence, Deacon and Martyr
AUG 11 Sun	St. Clare, Virgin
AUG 12 Mon	St. Jane Frances de Chantal, Religious
AUG 13 Tue	Bl. Michael J. McGivney, Priest and
	Founder, Knights of Columbus
AUG 13 Tue	Sts. Pontian, Pope and Martyr, and
	Hippolytus, Priest and Martyr
AUG 14 Wed	St. Maximilian Mary Kolbe, Priest and
	Martyr
AUG 15 Thu	The Assumption of Mary
AUG 19 Mon	St. John Eudes, Priest
AUG 20 Tue	St. Bernard of Clairvaux, Abbot
AUG 21 Wed	St. Pius X, Pope
AUG 22 Thu	The Queenship of Mary
AUG 24 Sat	St. Bartholomew, Apostle
AUG 25 Sun	King St. Louis IX, Confessor
AUG 27 Tue	St. Monica, Widow
AUG 28 Wed	St. Augustine, Bishop and Doctor
AUG 29 Thu	Beheading of St. John the Baptist

#### FAITH FUNDAMENTALS -

#### The Golden Rule

We're accustomed to thinking about "rules" as limitations on what we want to do. But when we talk about the Golden Rule we must think of a "ruler" instead of a rule. It is like a yardstick that measures our own behavior.

In the Old Testament, behavior towards a neighbor was stated in the negative way: "Do not do to others what you yourself dislike" (Tobit 4:15). The teaching outlined a minimum requirement of justice: that is, don't hurt others.

The Lord's words in the New Testament, however, raise the standard much higher. We are to evaluate and do what is positively good for our neighbor, the way we would want them to do good to us.

"Do to others whatever you would have them do to you. This is the law and the prophets." ~ Matthew 7:12

In other words, we are to measure "good" and "bad" in our relationships by our own basic human need to be treated fairly. If it's good for me...it's probably also good for thee

#### BIBLE BASICS



Matthew 7:12 "Do to others whatever you would have them do to you. This is the law and the prophets."

Galatians 5:14 "For the whole law is fulfilled in one statement, namely, 'You shall love your neighbor as yourself."

#### THE SCHOOL OF SAINTS-



What does love look like? It has the hands to help others. It has the feet to hasten to the poor and needy. It has eyes to see misery and

want. It has the ears to hear the sighs and sorrows of men. That is what love looks like.

~ St. Augustine of Hippo

#### CATECHISM CONNECTION -



1776 Deep within his conscience man discovers a law which he has not laid upon himself but which he must obey. Its voice, ever

calling him to love and to do what is good and to avoid evil, sounds in his heart at the right moment.

## Praying with the National **Eucharistic Revival**

#### **Becoming Missionaries of the Eucharist**

Last month, the Bishops of the United States held the National Eucharistic Congress in Indianapolis, and it was attended by more than 50,000 people! The Eucharistic Renewal now demands that we become missionaries of faith, particularly in our belief that Jesus Christ is present Body, Blood, Soul, and Divinity in the Eucharist. There is no more tangible experience of God on this earth.

To encourage the Eucharistic fervor of all Catholics, we will continue to conclude our monthly newsletter focusing on our Eucharistic Lord. Here is a devotional phrase that we can say each time we are in His Presence:

"O Sacrament most holy, O Sacrament divine, all praise and all thanksgiving be every moment Thine!"

[Prayers concerning the Eucharist can be found on the Official Prayers in the Pew Eucharistic Revival Edition Prayer Card.]

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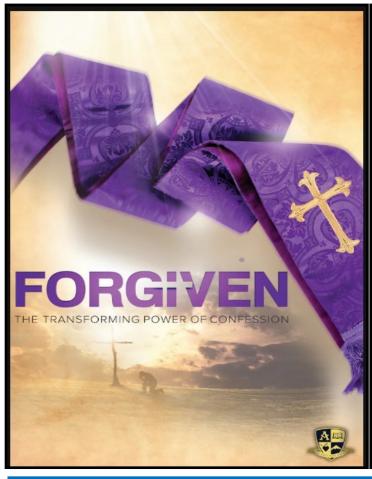


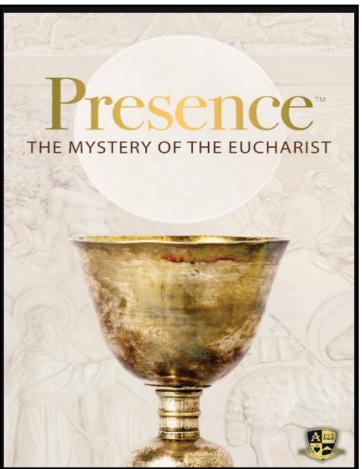


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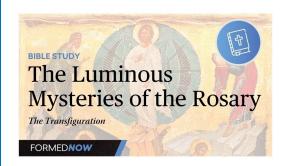








# Week of August 04, 2024



# A Bible Study on the Luminous Mysteries: The Transfiguration (Part 4)

Have you ever wanted to grow in your understanding and devotion to the Luminous Mysteries of the Rosary? Join Dr. Ben Akers and Dr. Elizabeth Klein as they walk through the mystery of the Transfiguration, helping you to enter more deeply into its richness.



### **Our Mother Mary**

What is Mariology? Learn about this fascinating topic in this interview with Dr. Mark Miravalle, Saint John Paul II Chair of Mariology at Franciscan University of Steubenville.



#### St. Dominic | Catholic Saints

During times of corruption and heresy in the world, great saints arise to bring renewal. Learn about the life of St. Dominic, who founded the Dominican Order and lived to promote the integration of the intellectual life and the life of poverty.

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"It is a poverty to decide a child must die so that you may live as you wish."

-Mother Teresa

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Pray for the peace of Jerusalem.

Psalm 122:6

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