

March 3, 2024

3 de Marzo de 2024

SAINT ANNE CATHOLIC CHURCH IGLESIA DE SANTA ANA

Berryville, AR

Mass Schedule/

Horario de misas

Wednesday/Miercoles 6pm

Saturday/Sabado 8:30am

Sunday/Domingo

Mass in English 11:00am

Misa en español 1:00pm

Parish Contact Information

Info. de contacto de la parr

Parish Phone: (870) 423-3927

Parish Email:

secretary@stannesberryville.com

Pastor Emergency Number:

(870) 929-6374

Pastor Email:

frjoseph@stannesberryville.com

Mailing Address:

614 S. Main St.

Berryville, AR 72616

Parish Staff & Ministry

Personal y Ministerio Parr

Pastor

Rev. Joseph Archibong

Deacon

Dc. Elias Rangel

Secretary/Bookkeeper

Regina Morris

DRE/Faith Formation

Pam Richter

Liturgical Music

Ellen Eby

Música litúrgica

Jesse Fernandez de Lara

RCIA Coordinator

Kevin Richter

Parish Council

Jeneanne Duncan



3RD SUNDAY OF LENT

Since the Passover of the Jews was near, Jesus went up to Jerusalem. He found in the temple area those who sold oxen, sheep, and doves, as well as the money changers seated there. He made a whip out of cords and drove them all out of the temple area. - Jn 2:13b-15a

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THE SACRAMENT OF RECONCILIATION/ EL SACRAMENTO DE LA RECONCILIACION

is offered at 9:00 am after the Saturday morning Mass and during the Holy Hour on Wednesday evenings from 5:00-5:45 pm /se ofrece a las 9:00 am después de la misa del sábado por la mañana y durante la Hora Santa los miércoles por la tarde de 5:00 a 5:45pm

ADORATION OF THE MOST BLESSED SACRAMENT/ ADORACIÓN DEL SANTÍSIMO SACRAMENTO

is on every Wednesday at 5:00pm and every First Friday from 7pm to 8am/ es todos los miércoles a las 5pm y todos los primeros viernes de 7pm a 8am.

SACRAMENTAL LIFE/VIDA SACRAMENTAL

If you are interested in receiving any of the Sacraments, please contact the parish office./ Si está interesado en recibir alguno de los sacramentos, comuníquese con la oficina parroquial.

NEW TO THE PARISH?/¿NUEVO EN LA PARROQUIA?

If you are new to the parish, please fill out a parish registration form. Forms are located at the parish office or the Vestibule/Si es nuevo en la parroquia, complete un formulario de registro parroquial. Las formas son ubicado en la oficina parroquial o en el Vestíbulo.



LITURGICAL SCHEDULE & INTENTIONS

SUNDAY, MARCH 3

THIRD SUNDAY OF LENT

11am: +Harold Richter
1pm: Isabel Knapik & Maria Barahona

WEDNESDAY, MARCH 6

5pm: Lenten Reconciliation Service
6pm: No Mass

SATURDAY, MARCH 9

8:30am: +Knox Morse

SUNDAY, MARCH 10

FOURTH SUNDAY OF LENT

11am: +Elia Vega
1pm: Isabel Knapik & Maria Barahona



Please Pray For:

**Terry & Pat Dean, Del
Waller, Allen Nieves,**

Andrew Tovar, Mary Lou Fuller, Amy Tegley, Toni Meyers, Myrtle Tharp, Mike Tharp, Fred Becker, Tiffany, Jesse, Bill & Faye McKee, Mataya and Rayland Winburn, Maya Tamayo, Maria Sandoval, Maria Welch, Cindy Mitchell, David, Jane & Monica Reuter, Denise Reuter, Rodriguez Family, Baldwin Family, Elver Morales, Sebastian Camarillo, Chris Jablonski, June Sawyer, David Ingram, Barbara Strain, Larry Miller, Kathy Owen, and Norma Miller. Nursing home patients and homebound: Betty Blach, Kevin Harris, Bob Doss, Flo Fitzsimmons and Bill Jenkins. Our Military: Marissa Richter—Army Nat'l Guard, Jonathon Waller— Army, Michael A. Wilhelm—Army in Korea, Dr. Kate Williams— Army Reserve, Daniel Clifford— Chief Navy Officer, Thomas Dean— Corrections Officer, Robert Dean— EMT, Michael Alcala—Airforce. Our law Enforcement: Robert Bartos, Eric Richter, Mary Clifford, Josue Rangel, and all others in the Armed Forces & Law Enforcement.



**LENTEN
RECONCILIATIONS:
WEDNESDAY
MARCH 6 @ 5PM**



Our Youth will be having a Bake Sale after both Masses next week, **March 10th.** All proceeds go towards helping them pay for the retreats they will attend throughout the year.

Next week our parish will take up **The Catholic Relief Services Collection.** Funds from this collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Next week, please give generously to the collection and reveal Christ's love to those most in need. Learn more about the collection at www.usccb.org/catholic-relief.



*Our Seminarians
for the month of
March, 2024*

Pedro Alvarez

Contact address:
House of Formation,
1201 S. Van Buren,
Little Rock, AR 72204
For more information
on our seminarians, go to **Elijah Bailey**
www.dolr.org/seminarians




Sunday Collections for 2/25/2024

Regular Collections: \$4,059.00

Building Collections: \$0.00

Local Charities: \$30.00

2024 Mass for Hope and Healing / Misa de Esperanza y Sanación 2024

What: To pray for healing for survivors of child sexual abuse, and to commemorate April as the National Child Abuse Prevention Month

When: Sunday, April 14, at 5:30 p.m.

Where: Cathedral of St. Andrew, 617 S. Louisiana St., Little Rock

Who: Anyone who is interested in praying for victims, their families and friends.

Bishop Anthony B. Taylor, Celebrant


Qué: Para orar por la sanación de los sobrevivientes de abuso sexual infantil, y para conmemorar el mes de abril como el Mes Nacional de Prevención contra el Abuso Infantil.

Cuándo: Domingo, 14 de abril, a las 5:30 p.m.


Dónde: Catedral de San Andrés, 617 S. Louisiana St., Little Rock

Quién: Cualquier persona que esté interesada en orar por las víctimas, sus familias y amigos.

El Obispo Anthony B. Taylor celebrará la Misa



La Diócesis Católica de Little Rock está comprometida con la protección de niños y jóvenes. Si tiene conocimiento de abuso o ha sido abusado por clérigos, voluntarios de la Iglesia o trabajadores de la Iglesia, comuníquese con la Línea Directa del Estado de Arkansas para Delitos contra Niños al 1-800-482-5964 y el Canciller de Asuntos Canónicos, Dcn. Matthew A. Glover, (501) 664-0340 ext. 361. Para obtener ayuda pastoral, comuníquese con el Coordinador de Asistencia a las Víctimas de la Diócesis de Little Rock: Laura Gottspomer (501) 664-0340, ext. 425. Diócesis de Little Rock, 2500 N. Tyler Street, Little Rock, AR 72207.



The Catholic Diocese of Little Rock is committed to protecting children and young people. If you are aware of abuse or have been abused by clerics, Church volunteers, or Church workers, please contact the State of Arkansas Hotline for Crimes against Children at 1-800-482-5964 and the Chancellor for Canonical Affairs, Dcn. Matthew A. Glover, (501) 664-0340 ext. 361. For pastoral assistance please contact the Victim Assistance Coordinator for the Diocese of Little Rock: Laura Gottspomer (501) 664-0340, ext. 425. Diocese of Little Rock, 2500 N. Tyler Street, Little Rock, AR 72207.

Stations of the Cross

Estaciones de la Cruz



Fridays during lent
Viernes durante la cuaresma

St. Anne/Santa Ana

5pm in English/ en Ingles

6pm in Spanish/en Español

St. Elizabeth/Santa Isabel

Mass at 12noon at the parish center followed by

Stations of the Cross/

Misa a las 12 del mediodía en el centro

parroquial seguida del Vía Crucis

"A thousand years of enjoying human glory is not worth even an hour spent sweetly communing with Jesus in the Blessed Sacrament." – Saint Padre Pio

**First
Friday
Adoration**

**EVERY 1ST FRIDAY
7PM - 8AM**

If you aren't able to be there for your assigned time slot, please call the parish office and let us know.

**ST. ANNE
CATHOLIC CHURCH**

www.stannesberryville.com
(870) 423-3927
614 S. Main St.
Berryville, AR 72616

Worship & Meditation

Readings for the week of March 3, 2024

Sunday:

Ex 20:1-17 or 20:1-3, 7-8, 12-17/Ps 19:8, 9, 10, 11 (Jn 6:68c)/1 Cor 1:22-25/Jn 2:13-25
Scrutiny: Ex 17:3-7/Ps 95:1-2, 6-7, 8-9 (8)/
Rom 5:1-2, 5-8/Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42

Monday:

2 Kgs 5:1-15ab/Ps 42:2, 3; 43:3,4/
Lk 4:24-30

Tuesday:

Dn 3:25, 34-43/Ps 25:4-5ab, 6 and 7bc,
8-9/Mt 18:21-35

Wednesday:

Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/
Mt 5:17-19

Thursday:

Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

Friday:

Hos 14:2-10/Ps 81:6c-8a, 8bc-9, 10-11ab,
14 and 17/Mk 12:28-34

Saturday:

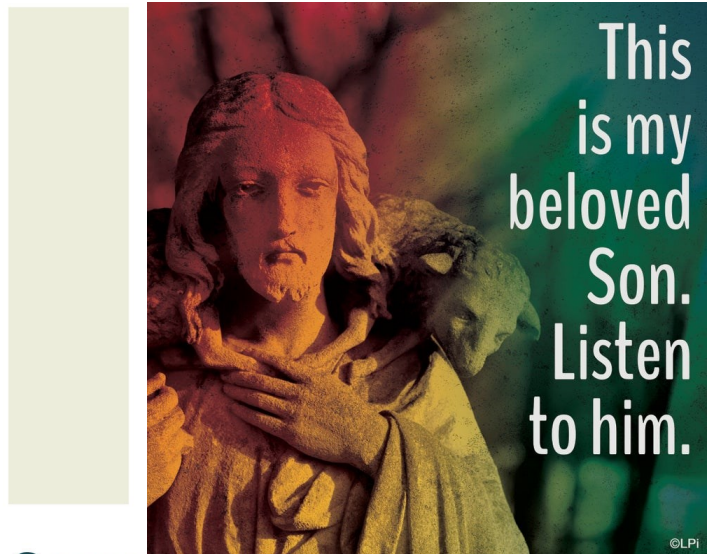
Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/
Lk 18:9-14

Next Sunday:

2 Chr 36:14-16, 19-23/Ps 137:1-2, 3, 4-5, 6
(6ab)/Eph 2:4-10/Jn 3:14-21 *Scrutiny:*
1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4,
5, 6 (1)/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9,
13-17, 34-38



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Gospel Meditation

Encourage Deeper Understanding of Scripture

I am the Lord your God ... You shall not have other gods beside me.
—Ex 20:2-3

One of the greatest golfers of all time — if not the greatest — was Jack Nicklaus. Which is why it is baffling that at the beginning of each season he would return to his childhood coach and re-learn how to grip the golf club. It's like Shakespeare re-learning the alphabet and grammar. Why would he do that? Because Jack knew that the fundamentals are always relevant. Perfecting and obsessing over his grip allowed him to do everything else in the game well. In sports and life, the best ones love the basics.

Similarly, as we begin Lent, we re-learn the spiritual basics in the Ten Commandments. Consider the first, to **“have no other gods besides me.”** This is our “grip.” Is our connection to God one of absolute fidelity and exclusive worship? Am I willing to let go of my precious idols, the things I cling to instead of God? Once we say “yes” to this fundamental question of our spiritual “grip,” then we are ready to properly engage with everything else in life. Watch how beautifully the game of life unfolds in the next nine commandments (numbered in parentheses): how we speak to God and others (2 and 8), how we organize our week (3), how we relate to our family (4) and the wider community (5 and 7), how we live our sexuality (6), and how we order all the other desires of the human heart (9 and 10). But don't rush to these later Commandments too soon! Everything in life is built on the first Commandment. The more we focus on worshipping God alone, the better we navigate the complexity of life with panache, effectiveness, and love.

Lenten challenge: This week, identify what you can do to better worship God alone. If you're not sure, scan the last nine commandments to identify what you are most likely to worship instead of God. Power, pleasure, control of your time, possessions, family, health, reputation, money? Commit to concrete action to help you let go of this “idol” to better hold on to God alone in faithful worship. Remember: the best love the basics.

— *Father John Muir*

Weekly Prayer

Sunday's Readings

First Reading:

In those days, God delivered all these commandments:
"I, the LORD am your God,
who brought you out of the land of Egypt, that place
of slavery.
You shall not have other gods besides me." (Ex 20:1-3)

Psalm:

Lord, you have the words of everlasting life. (Ps 19)

Second Reading:

We proclaim Christ crucified,
a stumbling block to Jews and foolishness to Gentiles,
but to those who are called, Jews and Greeks alike,
Christ the power of God and the wisdom of God.
(1 Cor 1:23-24)

Gospel:

Jesus answered and said to them,
"Destroy this temple and in three days I will raise it up."
(Jn 2:19)

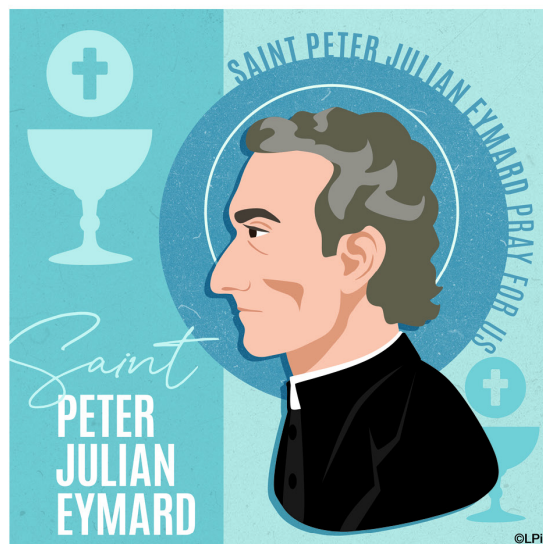
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Live The Liturgy Inspiration of the Week

Jesus was not afraid to confront iniquity wherever he encountered it, and his zeal for righteousness was so strong it looked like anger as he drove the moneychangers from the temple. Pray that, with that same devotion and care, he will cleanse our hearts from sin.

Observances for the week of March 3, 2024

- Sunday:** 3rd Sunday of Lent
Monday: St. Casimir
Thursday: Sts. Perpetua and Felicity, Martyrs
Friday: St. John of God, Religious
Saturday: St. Frances of Rome, Religious;
St. Catherine of Bologna
Next Sunday: 4th Sunday of Lent, Daylight Saving Time begins



Saint of the week

St. Peter Julian Eymard, known as "Apostle of the Eucharist," founded the Society of the Blessed Sacrament and the Servants of the Blessed Sacrament. He promoted perpetual adoration, inspired those estranged from the Church to return, and worked to educate all about Christ.

Prayer of Surrender

Dear Lord,
Help me to place You in the center of my plans for the future, my dreams for my life, my goals for the time ahead. Be my God and my guide. Amen.

And to those who sold doves he said, “Take these out of here, and stop making my Father’s house a marketplace.” His disciples recalled the words of Scripture, Zeal for your house will consume me.

- Jn 2:16-17

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Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

First Reading

The “10 Commandments” given to Moses at Mount Sinai reveal God’s moral and ethical expectations for Israel. Which of these Commandments do you personally find most challenging to follow?

Second Reading

Early in his letter to the Corinthians, Paul speaks of his firm conviction in the power and wisdom of his proclamation, “Christ crucified.” What are you confident about in your faith life?

Gospel Reading

Jesus’ deep passion (“zeal”) for the Jerusalem Temple led to his strong (and violent) reaction to what he witnessed in the Temple. What is something you feel passionate about as it relates to your faith?



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Liturgical Life

(PRACTICING) CATHOLIC

The Merciful Anger of Jesus

Watch your fellow churchgoers today as the priest or deacon reads the story of Jesus raising hell (or perhaps he's raising heaven?) in the temple square. Dollars to donuts, they'll be squirming.

As Catholics, we have become very uncomfortable with Angry Jesus. He makes us cringe in the same way that the Old Testament God does when He calls Himself "jealous" and talks about punishment. That level of intensity makes us recoil. If it were present in a human relationship, it would be toxic and abusive, because in humanity, fierceness and love rarely coexist in a healthy way.

But what a tragedy it would be for us to mistake our relationship with God for our relationship with our spouse, our best friend, or even our human father. Because we cannot see clearly, we would mistake His zeal for anger and His law for diktat.

The strong and sure movement of a wave against a rocky cliff will, over time, erode its surface, just as an overabundance of raindrops will flood a city. We do not call the water callous and cruel. We still luxuriate in its coolness and refreshment. Its destructive powers don't negate the life-giving properties of water. We do not demand that water apologize to us for being strong.

Fierce, uncompromising — but also, soft and merciful. How can God — and God's law — be both, at the same time? How can Christ cast a whip at someone's foot, overturn a table and scatter coins? How can the law of God be perfect, as the Psalm says, and refresh the soul — while demanding so much of it?

All I can say is, thank God for Angry Jesus. We need his fierceness and thank God it does not wane because it confuses us. Thank God his mercy does not decrease because we doubt it.

"For the foolishness of God is wiser than human wisdom, and the weakness of God is stronger than human strength." — 1 Corinthians 1:25

- Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

Is it ever Ok to leave Mass before it ends?

Answer:

This is an interesting question because beneath the surface there seems to be an assumption that if it's okay, then why do we have to stay after we receive communion? The short answer is "no," but we definitely want to go a bit deeper as we consider why.

First, when we think about questions like this, we must consider this in adult terms. If there is something gravely important that we need to do, then we must attend to that. However, if it is a matter of convenience or preference, then we really have to stop and think again. First, while we always want to recognize the importance of sacramental communion in the Mass, we also need to understand how important the time of thanksgiving and prayer after communion is. This is summarized in the Prayer After Communion offered by the celebrant and then we are also commissioned to "Go forth" during the Dismissal of the Mass, reminding us that we have been entrusted with a gift — the Word of God and the Presence of Christ in the sacrament — and that we are to share that gift with others.

If we simply leave after we receive communion, we risk two things. First, there is the possibility that we will turn our reception of communion into a purely personal, individual experience that is separated from our common experience of worship — and communion in the fullest sense — and, second, we lose an opportunity for gratitude and serious reflection if we simply leave after communion. This time of thanksgiving, reflection, and, ultimately, missioning, are important and, in the end, an essential part of the celebration of the Mass.

St. Elizabeth Church

FRIED CATFISH

DINNER



March 8 & 22

5:00 - 7:00pm

2 piece \$15/3 piece \$18

*Catfish, Fries, Hush Puppies, Slaw, Drinks,
Dessert*

Dine-in/Carry-out/Walk-ins Welcome!

St. Elizabeth Parish Hall

232 Passion Play Rd.

For Reservations, Call 479-253-4503

EASTER



Easter Traditions Around the World

SICILY



In the city of San Biagio Platani, people build Archi di Pasqua or Easter Arches. These are large, building-like structures people can walk under made entirely of bread and other foods.

ETHIOPIA



People fast from all meat products for Fasika, the 55 days leading up to Easter Sunday in Ethiopia. They break their fast at Easter Supper, a feast even more popular than Christmas dinner there!

POLAND

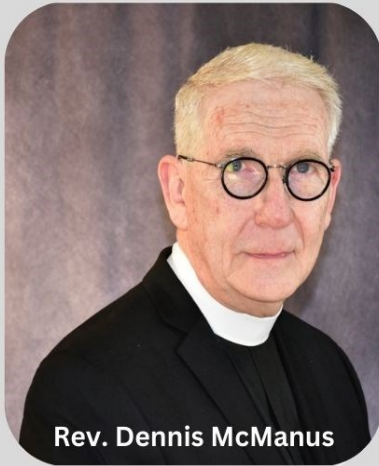


On Easter Monday, some Polish people celebrate Śmigus-Dyngus or Wet Monday. People will sneak up on and drench each other with water using glasses of water or even squirt guns!

JOIN US THIS LENT FOR A SPECIAL PRESENTATION WITH FR. MCMANUS MARCH 9TH & 10TH



ST. JOSEPH
CATHOLIC CHURCH
FAYETTEVILLE, AR



Rev. Dennis McManus



Saturday March 9th - Main Chapel Center

- Fr. McManus will celebrate Mass at 5pm - Main Chapel Center
- Presentation 6:15pm-7:30pm - Main Chapel Center
 - Presentation will be on St. Joseph, in advance of his feast day on March 19th. Fr McManus will offer a view of the "Jewish" life of St. Joseph -- a man born and raised in Israel, faithful to the Law of Moses, and devoted to the care of his adoptive Jewish family. New insights will be presented on Joseph's religious practice as a motive for his obedience to God's call that he be the husband of Mary and foster father of Jesus.

*Light snacks will be provided

Sunday, March 10th - DeBriyn Center Gym

- Fr. McManus will celebrate Mass at 9am - Main Chapel Center
- Presentation 10:15am-11:30am - DeBriyn Center/Gym
 - Fr. McManus will present an overview of the need for spiritual warfare in today's American culture that now prizes a diversity of religious expression, sometimes to the exclusion of Christian belief and practice. He will offer concrete suggestions on how a Catholic family needs to address these trends in its daily life. *Talk is recommended for ages 16+ given the content of the material.*

*Donuts and coffee provided



LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

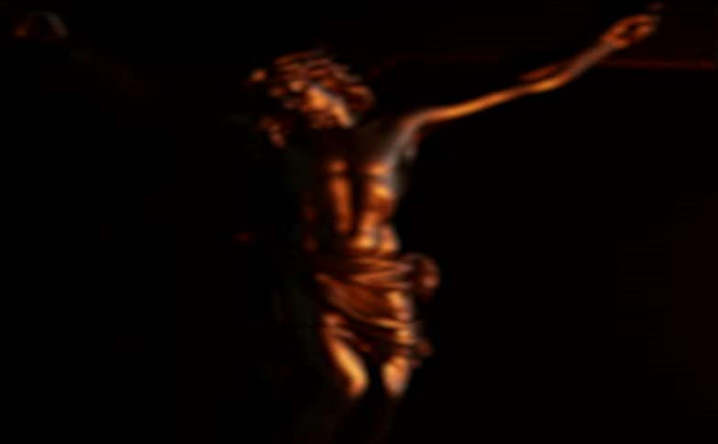
Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

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T E N E B R A E

a Lenten service of light and shadow



WEDNESDAY, MARCH 27, 7:00PM
Immaculate Heart of Mary Catholic Church
7006 Jasna Gora Dr, NLR

Come early for Baked Potato Supper
at 6:00pm in the Cafeteria

Presented by Steven Shook & IHM Music Ministry
Christie Powell - Immaculate Conception Youth Director
and Fr. Shaun Wesley



PRAYERS IN THE PEW™

National Eucharistic Revival Supplement – March 2024

During the National Eucharistic Revival, we are reminded of our need to be spiritually prepared to receive our Eucharistic Lord. The disciples on the Road to Emmaus discovered Him in the breaking of bread.



THE IMPORTANCE OF THE EUCHARISTIC FAST

Eucharistic Saint



St. Rose Philippine Duchesne (1769 -1852) – This French nun was a Sacred Heart Sister who came to evangelize the Native American tribes in the mission territory of St. Louis, Missouri. She could not learn the native languages so she spent countless hours praying before the Eucharist for the other missionary sisters instead. The Indians gave her the name of “The Woman Who Prays Always.”

Back to Basics

THE EUCHARISTIC FAST: Bodily fasting before receiving a spiritual gift has a long history in our tradition. Moses fasted for forty days before receiving the Ten Commandments (Ex 34:28), and the prophet Elijah journeyed for forty days through the desert before his experience of God on the mountain (1 Kgs 19:8).



The Eucharistic Fast has the same effect on us: it prepares us to be worthy vessels in which to receive our Eucharistic Lord. Canon Law states: “One who is to receive the Most Holy Eucharist is to abstain from any food or drink, with the exception of water and medicine, for at least the period of one hour before Holy Communion.” (Canon 919)

Physical mortification before receiving Communion makes us spiritually receptive to His grace.

Faith in Action



Two Exceptions – If a priest must celebrate more than one Mass in a day, he is obliged to keep the Eucharistic fast only before the first Mass. Likewise, the elderly, the sick, and those who care for them may receive Communion if they have eaten something within the preceding hour.

Twice In a Day – It sometimes happens that the faithful wish to receive the Eucharist more than once in a day. The Church allows a person who has already received the Eucharist to receive a second time on the same day, but it **must be within a Mass** (Canon 917).

“May my heart ever hunger for Thee and be nourished by Thee, whose sight the angels desire; may my innermost soul be filled by the sweetness of thy savor and ever thirst for Thee, the fount of life, the fount of wisdom and science, the fount of eternal life, the torrent of joy, the plentitude of the house of God. ~ St. Bonaventure

National Eucharistic Revival News and Resources

Make sure to keep up to date on the National Eucharistic Revival at the Bishops’ central website: www.EucharisticRevival.org. For news on the upcoming Eucharistic Congress, please see www.eucharisticcongress.org. You can also get the *Eucharistic Revival Edition Prayer Cards* at www.SitStandKneel.com for great evangelization resources to spread the Eucharistic fire!

PRAYERS IN THE PEW™ MONTHLY

FAITH IN ACTION CALENDAR / HIGHLIGHTS

THU MAR 7	Saints Perpetua and Felicity, Martyrs
SUN MAR 17	St. Patrick, Bishop and Patron of Ireland
SUN MAR 31	Easter Sunday

Faith Formation Companion to Prayers in the Pew™

→ MONTHLY SYNOPSIS ←

March 2024 – Lent takes up all of March this year and leads us into Holy Week at the very end of the month. It is a time of preparation and deep listening to the voice of the Lord. Lent is also a penitential season in which we aim to overcome our sinful tendencies and strengthen our spiritual lives. The Act of Contrition helps us truly understand our need for Christ's sacrifice on the Cross.

THE ACT OF CONTRITION

The devil has great power to tempt us to sin, however, his power is not infinite (CCC, 395). God has provided a way to break sin's power over us: namely, by repentance. Repentance is the *antidote* to sin.

To help us spiritually, the Church gives us a prayer we can easily memorize as our way to express repentance. Hopefully, we learned some form of the Act of Contrition in our catechism as children or from our parents.

As you pray this Offering, keep in mind that you are united with the entire Church at prayer, from the most pious nuns and monks in their monasteries to the simplest believers on all five continents:

THE ACT OF CONTRITION

O my God, I am heartily sorry for having offended you, and I detest all my sins, because I dread of the loss of heaven and the pains of hell; but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance, and to amend my life. Amen.

There are slightly different versions of this prayer, but essentially, any good act of contrition contains these seven elements:

1. We express sorrow to God because our sin offends Him specifically.

2. We are "heartily" sorry, meaning that our repentance is from the heart, not just a superficial sentiment.
3. We hate ("detest") sin because it is the devil's work, not God's. Note that this is not a hatred of ourselves but of our sinful acts.
4. We also humbly acknowledge the truth that mortal sin leads us to hell if we do not repent.
5. We understand that the love of God is the reason we repent – we regret offending Him "who is all good" and deserves a better response from us.
6. We make a firm act of the will ("firmly resolve") to get our moral lives back on track and never to sin again. And finally,
7. We declare that we cannot overcome sin on our own without the "help of His grace."

This is the perfect prayer for our spiritual lives, and we should pray it every day. Why is it perfect? Because it gives us *humility* in the place of the sin of pride which separates both angels and men from God.

THE SCHOOL OF SAINTS



"Urge all souls to trust in the unfathomable abyss of My mercy, because I want to save them all. On the cross, the fountain of My mercy was opened wide by the lance for all souls - no one have I excluded!"

~ *Words of Jesus, the Divine Mercy, to St. Faustina*

SPIRITUAL CHALLENGE

This month, Lent challenges us to place the highest possible priority on developing a Eucharist-centered spirituality. This may take the form of visiting the Lord directly in a parish's adoration chapel, or attending a daily Mass of possible, or just making a visit to a Catholic church to pray. A Eucharist-centered spirituality is the actual spirituality of Our Lady and of the Church itself.

CALENDAR OF FAITH | March

MAR 3 Sun	St. Katherine Drexel, Virgin and Founder of Sisters of the Blessed Sacrament
MAR 4 Mon	St. Casimir, Confessor
MAR 7 Thu	Saints Perpetua and Felicity, Martyrs
MAR 8 Fri	Saint John of God, Religious
MAR 9 Sat	St. Frances of Rome, Religious
MAR 17 Sun	St. Patrick, Bishop and Patron of Ireland
MAR 18 Mon	St. Cyril of Jerusalem, Bishop and Doctor of the Church
MAR 19 Tue	Solemnity of St. Joseph, Husband of Mary
MAR 23 Sat	St. Turibius de Mongrovejo, Bishop
MAR 24 Sun	Palm Sunday, Beginning of Holy Week

FAITH FUNDAMENTALS



Two Types of Sin

There are many ways to sin but only two types of sin. "All wrongdoing is sin," says the Apostle John, "but there is sin that is not deadly" (1 John 5:17). John's teaching is the biblical basis for the Church's understanding of the two types of sin: mortal and venial.

How do we know for sure whether a sin is mortal or venial? The Church gives us three criteria for evaluating sin.

Mortal Sin—We can know an act is mortally sinful if it consists of:

1. Grave matter – namely, a serious violation of God's commandments.
2. Full knowledge – that is, an understanding of the wrongness of the act.
3. Deliberate consent – meaning a personal decision to commit the sin.

Venial Sin—When an act is a venial sin, it lacks one or more of these criteria, or it is much less serious in any of these three areas.

CATECHISM CONNECTION



1452 When it arises from a love by which God is loved above all else, contrition is called "perfect" (contrition of charity). Such contrition remits venial sins; it also obtains forgiveness of mortal sins if it includes the firm resolution to have recourse to sacramental confession as soon as possible.



BIBLE BASICS



Isaiah 53:5 But he was pierced for our sins, crushed for our iniquity. He bore the punishment that makes us whole, by his wounds we were healed.

Mark 1:14-15 After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel!"

Praying with the National Eucharistic Revival

Dulce, Jesus

Sweet Jesus, Body and Blood most Holy,
be the delight and pleasure of my soul,
my strength and salvation in all temptations,
my joy and peace in every trial,
my light and guide in every word and deed,
and my final protector in death. Amen.

~ **St. Thomas Aquinas**

[Prayers concerning the Eucharist can be found on the Official Prayers in the Pew Eucharistic Revival Edition Prayer Card.]

Please visit our website at www.sitstandkneel.com.

**¿Sigues sufriendo después
de un aborto provocado?**

**¿Te sientes sola, asustada
o avergonzada?**



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PARA MUJERES TRAS ABORTO INDUCIDO

8 - 10 Marzo 2024

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Se requiere preinscripción antes del 1° de marzo de 2024.

Llama o envía un mensaje de texto **CONFIDENCIAL**

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February 12, 2024

To the People of the Diocese of Little Rock,

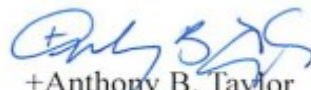
A petition is currently being circulated in Arkansas to place an amendment on our November 2024 voting ballots that would change our state constitution to allow abortions until 18 weeks after conception. As Bishop of the Diocese of Little Rock, I urge all Catholics and all people of good will not to sign this petition.

During this campaign to enshrine abortion in our constitution, we expect that our media will be flooded with emotional propaganda. We should all know the truth about abortion and women's healthcare.¹ Abortion, the direct and intentional killing of a child in the womb, is never morally permissible. Abortion is never medically necessary. It does not treat or solve any pregnancy-related complication. It is not the same as treatment for miscarriage, because in miscarriage the baby has already died. Banning abortion does not prevent women from receiving true healthcare that they need. In rare cases, and in the absence of better alternatives, life-threatening maternal health conditions may require interventions that indirectly and unintentionally lead to the death of an unborn child— but this is not abortion.

This radical amendment would also strip our government from protecting women and their unborn children by gutting the state's regulatory laws like requiring parental consent before a minor has an abortion, informed consent and ultrasound requirements, or abortion facility inspection. Arkansas would be unable to protect unborn children who can already feel pain from dismemberment abortion.

The citizens of Arkansas share in the responsibility to legally protect every human life from conception to natural death. It is critical that all registered voters decline to sign the petition to allow the Arkansas Abortion Amendment on the November 2024 ballot. Rather than abortion, women should be provided love, compassion, and support through pregnancy and into each child's early years. Together we can protect the lives of thousands of innocent babies.

Sincerely in Christ,



+Anthony B. Taylor
Bishop of Little Rock

¹ USCCB infographic. 2022. *The Truth about Abortion and Women's Health*
<https://www.usccb.org/resources/Women's%20Health%20Infographic.pdf?bcx-agent-scanner=d280fd9b-a0ed-954b-9122-71e074e6e2e6>



Office of the Bishop

DIOCESE OF LITTLE ROCK

2500 North Tyler Street • P.O. Box 7565 • Little Rock, Arkansas 72217 • (501) 664-0340 Fax (501) 664-63

12 de febrero, 2024

Al Pueblo de la Diócesis de Little Rock:

Se está circulando una petición en Arkansas para incluir una enmienda en nuestras boletas de votación de noviembre de 2024 que cambiaría nuestra constitución estatal para permitir abortos inducidos hasta 18 semanas después de la concepción. Como Obispo de la Diócesis de Little Rock, insto a todos los católicos y a todas las personas de buena voluntad a no firmar esta petición.

Durante esta campaña para consagrar el aborto inducido en nuestra constitución, esperamos que nuestros medios se vean inundados de propaganda emocional. Todos deberíamos saber la verdad sobre el aborto inducido y la atención médica de la mujer.¹ El aborto inducido, la muerte directa e intencional de un niño en el útero, nunca es moralmente permisible. El aborto inducido nunca es médicamente necesario. No trata ni soluciona ninguna complicación relacionada con el embarazo. No es lo mismo que el tratamiento del aborto espontáneo, porque en el aborto espontáneo el bebé ya ha muerto. Prohibir el aborto inducido no impide que las mujeres reciban la verdadera atención médica que necesitan. En casos raros, y en ausencia de mejores alternativas, las condiciones de salud materna que ponen en peligro la vida pueden requerir intervenciones que indirecta e involuntariamente causen la muerte del feto, pero esto no es un aborto inducido.

Esta enmienda radical también despojaría a nuestro gobierno de la capacidad de proteger a las mujeres y a sus hijos no nacidos al eliminar las leyes regulatorias del estado, como exigir el consentimiento de los padres antes de que una menor tenga un aborto, el consentimiento informado y los requisitos de ultrasonido, o la inspección de las instalaciones de aborto. Arkansas no podría proteger a los niños no nacidos que ya pueden sentir dolor por el aborto por desmembramiento.

Los ciudadanos de Arkansas comparten la responsabilidad de proteger legalmente cada vida humana desde la concepción hasta la muerte natural. Es crucial que todos los votantes registrados se nieguen a firmar la petición para permitir la Enmienda sobre el Aborto de Arkansas ("Arkansas Abortion Amendment") en la boleta electoral de noviembre de 2024. En lugar de un aborto inducido, las mujeres deberían recibir amor, compasión y apoyo durante el embarazo y los primeros años de cada niño. Juntos podemos proteger las vidas de miles de bebés inocentes.

Sinceramente en Cristo,

+Anthony B. Taylor
Obispo de Little Rock

¹USCCB infografía. 2022. *La verdad sobre el aborto y la salud de la mujer*. <https://www.usccb.org/resources/rfp-22-womens-health-infographic-spn.pdf?bcs-agent-scanner=edc2b7bb-ebf4-3447-b12b-a187e2b15d3c>

The Truth About **Abortion** & **Women's Health**

Abortion does not save women's lives.

Abortion is the **direct** and **intentional** killing of a child in the womb.

Abortion is never medically necessary. It does not treat or solve any pregnancy-related complication.

Outlawing abortion will not affect treatment for miscarriage.

Treatment for miscarriage and abortion is not the same thing.

There is a complete moral and legal difference between losing a child through miscarriage and intentionally taking the life of a child.

In the tragic case of miscarriage, surgery may be necessary—and is an ethical treatment—to remove the remains of an unborn child who has *already died*.

While the same surgery is done to perform an abortion, abortions impose this procedure on a **living child** with the **intention** of ending his or her life.

Women can get the lifesaving treatments they need—without abortion.

In rare cases, and in the absence of better alternatives, life-threatening maternal health conditions may require interventions that **indirectly** and **unintentionally** lead to the death of an unborn child. **Abortion restrictions will not prevent women from receiving these treatments.**

When the lives of mother and child are in immediate danger, the goal is to fight to save both patients.

Effective treatments exist that seek to save the life of the mother and never to intentionally harm her unborn child.

When a woman's life is at risk in pregnancy, preterm delivery may be used as a lifesaving medical intervention to preserve the life of both mother and child.¹

Ectopic pregnancies result when an embryo implants outside the uterus—often in the fallopian tube. Sadly, such embryos cannot survive and this condition can pose serious risks to the mother. While ectopic pregnancies sometimes resolve naturally, interventions are often necessary.

When done ethically, treatment for an ectopic pregnancy is not abortion. Ethical interventions include the removal of the damaged fallopian tube containing the embryo or, if embryo death has already occurred, medication can be used to resolve the ectopic pregnancy.

Bottom line: Abortion restrictions never prevent women from receiving life-saving treatment.²

If you or someone you know is struggling after involvement in an abortion, the Church offers confidential, compassionate help through Project Rachel Ministry. Visit www.hopeafterabortion.org for more information.

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¹ Buskmiller, C. 2018. "The ethics of interstitial and cesarean scar ectopic pregnancies: four case studies and a review of the literature". The Linacre Quarterly 85(3): 252-269.

² For further information on these topics, reference: [1] National Catholic Bioethics Center, "Medical Interventions During Pregnancy in Light of Dobbs," <https://www.ncbcenter.org/ncbc-news/bioethics-public-policy-report-august-12-2022-e79x2>. [2] American Association of Pro-Life Obstetricians and Gynecologists, "Myth vs. Fact: Correcting Misinformation on Maternal Medical Care," <https://aaplog.org/wp-content/uploads/2022/08/AAPOG-Myth-vs-Fact-v5.pdf>.

La verdad sobre el **aborto** y la salud de la mujer

El aborto no salva la vida a las mujeres.

El aborto es el **asesinato** directo e **intencional** de un niño en el seno materno.

El aborto nunca es una necesidad médica. No trata ni soluciona ninguna complicación relacionada con el embarazo.

Prohibir un aborto no afectará el tratamiento para un aborto espontáneo.

El tratamiento para un aborto espontáneo y un aborto no es lo mismo.

Hay una total diferencia moral y jurídica entre perder un hijo por un aborto espontáneo y quitar la vida a un hijo de manera intencional.

En el caso trágico de un aborto espontáneo, puede ser necesaria una cirugía, y esta constituye un tratamiento ético— para quitar los restos de un niño no nacido que *ya murió*.

Aunque la misma cirugía se hace en un aborto, los abortos imponen este procedimiento en un **hijo vivo** con la **intención** de terminar su vida.

Las mujeres pueden conseguir tratamientos necesarios para salvarles la vida sin recurrir a un aborto.

En raros casos, y si no hay mejores alternativas, si hay afecciones de salud maternal que pongan en riesgo la vida se pueden requerir intervenciones que indirectamente **y sin intención tengan como resultado la muerte de un niño en el seno materno**. Las restricciones en los abortos **no impedirán que las mujeres reciban estos tratamientos**.

Cuando la vida de la madre y del hijo están en peligro inminente, el objetivo es bregar para salvar a ambos pacientes. **Existen tratamientos efectivos que buscan salvar la vida de la madre y nunca dañar intencionalmente a su hijo en el vientre.**

Cuando la vida de una mujer está en riesgo durante el embarazo, se puede realizar un parto prematuro como una intervención médica para salvar la vida con la intención de preservar la vida de la madre y del hijo.¹

Los embarazos ectópicos ocurren cuando un embrión se implanta fuera del útero, por lo general en las trompas de Falopio. Lamentablemente los embriones no pueden sobrevivir y esta afección puede implicar graves riesgos para la madre. Aunque los embarazos ectópicos a veces se resuelven de manera natural, las intervenciones por lo general son necesarias.

Cuando se hace de manera ética, el tratamiento para un embarazo ectópico no constituye un aborto. Las intervenciones éticas implican quitar la trompa de Falopio dañada que contiene el embrión o, si el embrión ya murió, se puede usar medicación para solucionar el embarazo ectópico.

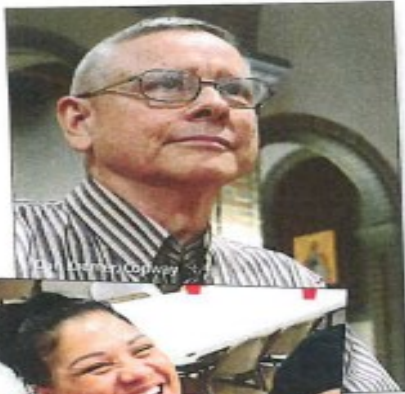
Conclusión: Las restricciones al aborto nunca impiden que las mujeres reciban el tratamiento que les salve la vida.²

Si tú o alguien que conoces está teniendo dificultades después de participar en un aborto, la Iglesia ofrece ayuda confidencial y compasiva por medio del Ministerio Proyecto Raquel. Visite www.esperanzaposaborto.org para más información.

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¹ Busk Miller, C. 2018. "The ethics of interstitial and cesarean scar ectopic pregnancies: four case studies and a review of the literature". The Linacre Quarterly 85(3): 252-269.
² Para mayor información sobre estos temas, puede ver las siguientes referencias: [1] National Catholic Bioethics Center, "Medical Interventions During Pregnancy in Light of Dobbs," <https://www.ncbcenter.org/ncbc-news/bioethics-public-policy-report-august-12-2022-ezqx2>. [2] American Association of Pro-Life Obstetricians and Gynecologists, "Myth vs. Fact: Correcting Misinformation on Maternal Medical Care," <https://aaplog.org/wp-content/uploads/2022/08/AAPLOG-Myth-vs-Fact-v5.pdf>.

Are you a _____ Catholic?



Father James Conway

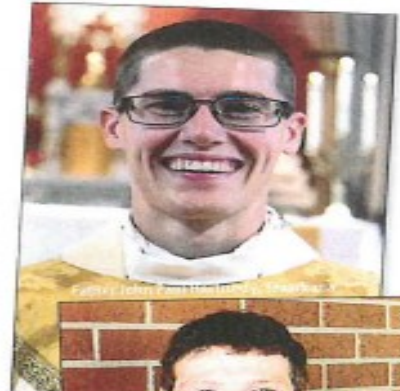


Martha Martinez, Blytheville



Mother Mary Clare Bezier, Jonesboro

- Faithful*
- Struggling
- Committed
- Questioning
- New**
- TRADITIONAL
- Eager*
- Imperfect**
- BUSY*
- Blessed**



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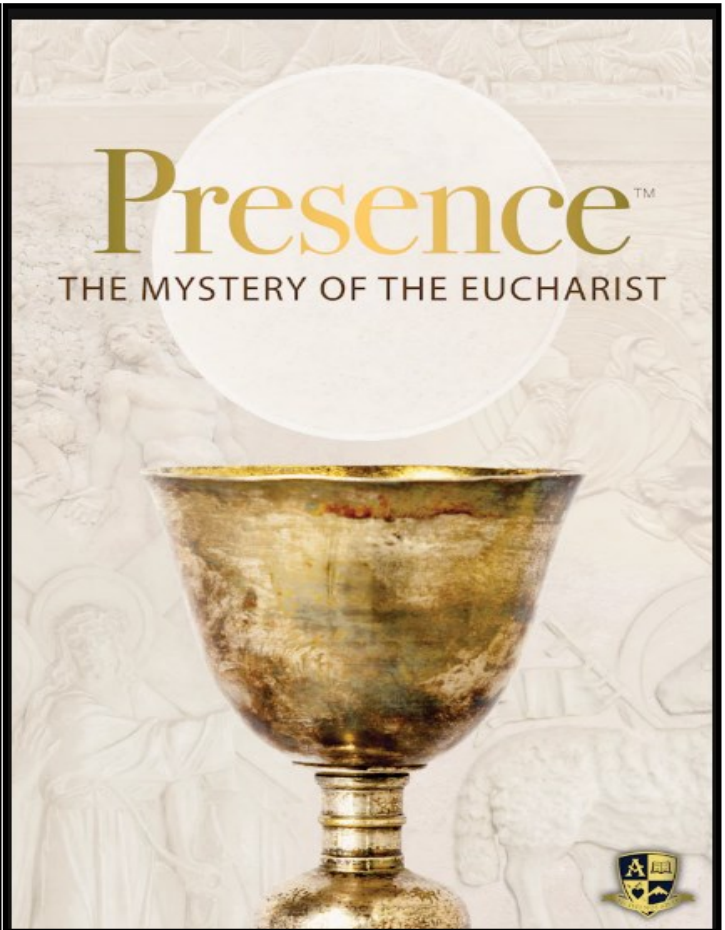
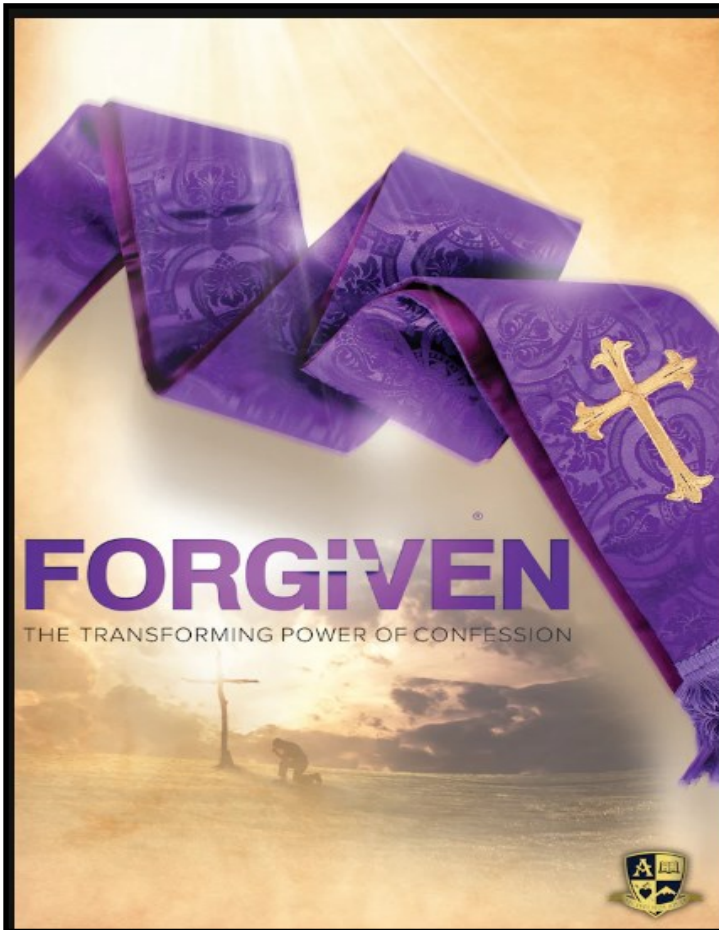
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THIS WEEK ON **FORMED**

Week of March 03, 2024



Liturgical Living | Catholic All Year at Home w/ Kendra Tierney

Join the Tierney family as they celebrate the feast of Saint Frances of Rome, patroness of homemaking! Learn about practicing the corporal works of mercy in the home, the very Catholic Lenten history of pretzels and beer, and watch Kendra and three-year-old Barbara make something they like to call "trash can soup." Find this episode's feature recipes and more about liturgical living in the home at Catholic All Year. <https://catholicallyear.com/at-home/>.



The Faithful Departed | Eternal Rest | Episode 4

What is left for the living to do after someone dies? In this session, we talk about the final ways in which those still living on earth care for the body and soul of the dead. We discuss the work that remains for the living to do as we grieve for the deceased and as we turn to the work of preparing for our own death, and the hope in which we live and die as Christians.



Death, Where is Your Sting? w/ Sarah Kirchner | Fearless | Episode 4

Despite our attempts to cheat it, we all must face death eventually. Listen as Chris shares the powerful story of Sarah Kirchner and her courageous battle against pediatric bone cancer. Who can bring us victory in the face of such significant trials? Find out in this lesson.

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die so that you may
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-Mother Teresa

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