



## CHURCH OF ST. ANNE

614 S. MAIN ST. | 870.423.3927 | SECRETARY@STANNESBERRYVILLE.COM

SUNDAY, MARCH 24, 2024

# PALM SUNDAY OF THE PASSION OF THE LORD



So they brought the colt to Jesus and put their cloaks over it. And he sat on it. Many people spread their cloaks on the road, and others spread leafy branches that they had cut from the fields. - Mk 11:7-8





# LITURGICAL SCHEDULE & INTENTIONS

## SUNDAY, MARCH 24

### PALM SUNDAY OF THE PASSION OF THE LORD

11am: +Alex & Rosalie Torok  
1pm: +Anselmo Preciado Almeida

## WEDNESDAY, MARCH 27

6pm: +Jim McIntyre

## THURSDAY, MARCH 28

### HOLY THURSDAY

6pm: Mass of the Lord's Supper: +Rose Becker

## FRIDAY, MARCH 29

### GOOD FRIDAY

5pm: Service of the Lord's Passion  
6pm: Stations of the Cross in Spanish

## SATURDAY, MARCH 30

8:00pm: +Maria Elena Reyes

## SUNDAY, MARCH 31

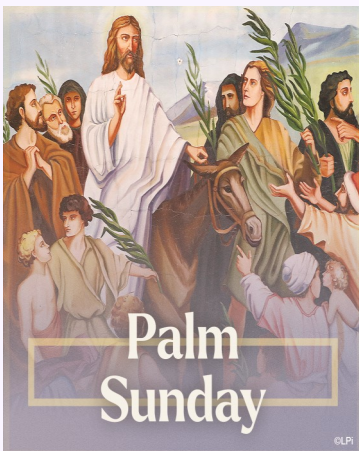
### EASTER SUNDAY OF THE RESURRECTION OF THE LORD

11am: Anne Brenneke  
1pm: +Anselmo Preciado Almeida

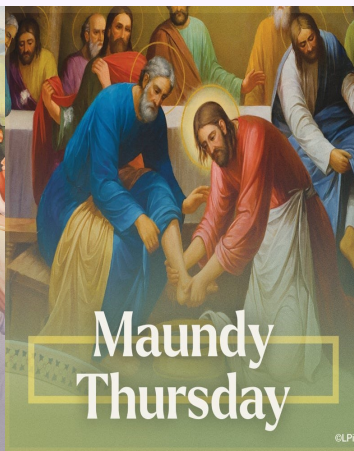


*Please Pray For:*

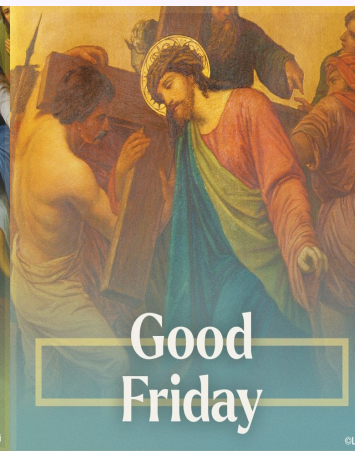
**Terry & Pat Dean, Del Waller, Allen Nieves, Andrew Tovar, Mary Lou Fuller, Amy Tegley, Toni Meyers, Myrtle Tharp, Mike Tharp, Fred Becker, Tiffany, Jesse, Bill & Faye McKee, Mataya and Rayland Winburn, Maya Tamayo, Maria Sandoval, Maria Welch, Cindy Mitchell, David, Jane & Monica Reuter, Denise Reuter, Rodriguez Family, Baldwin Family, Elver Morales, Sebastian Camarillo, Chris Jablonski, June Sawyer, David Ingram, Barbara Strain, Larry Miller, Kathy Owen, and Norma Miller. Nursing home patients and homebound: Betty Blach, Kevin Harris, Bob Doss, Flo Fitzsimmons and Bill Jenkins. Our Military: Marissa Richter—Army Nat'l Guard, Jonathon Waller— Army, Michael A. Wilhelm—Army in Korea, Dr. Kate Williams— Army Reserve, Daniel Clifford— Chief Navy Officer, Thomas Dean— Corrections Officer, Robert Dean— EMT, Michael Alcala—Airforce. Our law Enforcement: Robert Bartos, Eric Richter, Mary Clifford, Josue Rangel, and all others in the Armed Forces & Law Enforcement.**



Palm Sunday



Maundy Thursday



Good Friday



Holy Saturday



*Our Seminarians  
for the month of  
March, 2024*

**Pedro Alvarez**

Contact address:  
House of Formation,  
1201 S. Van Buren,  
Little Rock, AR 72204  
For more information  
on our seminarians, go to **Elijah Bailey**  
[www.dolr.org/seminarians](http://www.dolr.org/seminarians)




Sunday Collections for 3/17/2024

Regular Collections: \$2,747.00

Building Collections: \$55.00

Local Charities: \$120.00

**2024 Mass for Hope and Healing / Misa de Esperanza y Sanación 2024**

**What:** To pray for healing for survivors of child sexual abuse, and to commemorate April as the National Child Abuse Prevention Month

**When:** Sunday, April 14, at 5:30 p.m.

**Where:** Cathedral of St. Andrew, 617 S. Louisiana St., Little Rock

**Who:** Anyone who is interested in praying for victims, their families and friends.

*Bishop Anthony B. Taylor, Celebrant*


**Qué:** Para orar por la sanación de los sobrevivientes de abuso sexual infantil, y para conmemorar el mes de abril como el Mes Nacional de Prevención contra el Abuso Infantil.

**Cuándo:** Domingo, 14 de abril, a las 5:30 p.m.


**Dónde:** Catedral de San Andrés, 617 S. Louisiana St., Little Rock

**Quién:** Cualquier persona que esté interesada en orar por las víctimas, sus familias y amigos.

*El Obispo Anthony B. Taylor celebrará la Misa*



La Diócesis Católica de Little Rock está comprometida con la protección de niños y jóvenes. Si tiene conocimiento de abuso o ha sido abusado por clérigos, voluntarios de la Iglesia o trabajadores de la Iglesia, comuníquese con la Línea Directa del Estado de Arkansas para Delitos contra Niños al 1-800-482-5964 y el Canciller de Asuntos Canónicos, Dcn. Matthew A. Glover, (501) 664-0340 ext. 361. Para obtener ayuda pastoral, comuníquese con el Coordinador de Asistencia a las Víctimas de la Diócesis de Little Rock: Laura Gottspomer (501) 664-0340, ext. 425. Diócesis de Little Rock, 2500 N. Tyler Street, Little Rock, AR 72207.



The Catholic Diocese of Little Rock is committed to protecting children and young people. If you are aware of abuse or have been abused by clerics, Church volunteers, or Church workers, please contact the State of Arkansas Hotline for Crimes against Children at 1-800-482-5964 and the Chancellor for Canonical Affairs, Dcn. Matthew A. Glover, (501) 664-0340 ext. 361. For pastoral assistance please contact the Victim Assistance Coordinator for the Diocese of Little Rock: Laura Gottspomer (501) 664-0340, ext. 425. Diocese of Little Rock, 2500 N. Tyler Street, Little Rock, AR 72207.





**Holy Thursday, March 28**

4pm- St. Elizabeth Church  
6pm- St. Anne

**Good Friday, March 29**

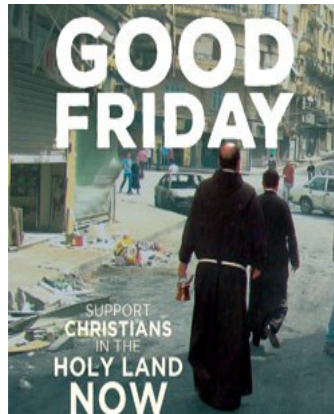
12:15- St. Elizabeth Church  
5pm- St. Anne  
6pm- Spanish Stations of the Cross

**Easter Vigil, Saturday, March 30**

8pm- St. Anne

**Easter Sunday, March 31**

8:30am- St. Elizabeth Church  
11am- St. Anne (English)  
1pm- St. Anne (Spanish)



**Good Friday Collection** -Pope Francis has asked our parish to support Christians in the Holy Land. Through the Good Friday Collection, you join with Catholics around the world to stand in solidarity with the Church in the Holy Land. When you contribute to the Pontifical Good Friday Collection, you become an instrument of peace in a troubled land. In these challenging

times in the Middle East, your support means that our church will conduct parish ministry, provide Catholic education, feed the hungry, build housing for Christians, maintain shrines and operate refugee centers .




*Palm Sunday of the Passion of the Lord*

**TREASURES FROM OUR TRADITION**

**TREASURES FROM OUR TRADITION**

Most Christians today receive a bunch of palm fronds, olive branches, pussy willow, or forsythia (a relative of the olive) to carry in procession and to bear home in blessing. Some even offer sprigs of palm or other branches as a gesture of peace to those they have offended. The desire is to make a clean sweep of your spiritual house before the Easter feast.

Accepting the branch is a token of the bearer's willingness to journey with the Church through a grateful remembrance of Jesus Christ's passion, death, and life-giving resurrection. Traditionally, the plants associated with today's feast are planted in cemeteries as a sign of Christ's victory over death and the promise of new life.



There is a bin in the vestibule of the church to drop off your Rice Bowls.





# Worship & Meditation

## Readings for the week of March 24, 2024

### Sunday:

Mk 11:1-10 or Jn 12:12-16/Is 50:4-7/  
Ps 22:8-9, 17-18, 19-20, 23-24 (2a)/  
Phil 2:6-11/Mk 14:1–15:47 or 15:1-39

### Monday:

Is 42:1-7/Ps 27:1, 2, 3, 13-14/Jn 12:1-11

### Tuesday:

Is 49:1-6/Ps 71:1-2, 3-4a, 5ab-6ab, 15 and  
17/Jn 13:21-33, 36-38

### Wednesday:

Is 50:4-9a/Ps 69:8-10, 21-22, 31 and  
33-34/Mt 26:14-25

### Thursday:

*Chrism Mass:* Is 61:1-3a, 6a, 8b-9/Ps  
89:21-22, 25 and 27/Rv 1:5-8/Lk 4:16-21  
*Evening Mass of the Lord's Supper:*  
Ex 12:1-8, 11-14/Ps 116:12-13, 15-16bc, 17-18  
(see 1 Cor 10:16)/1 Cor 11:23-26/Jn 13:1-15

### Friday:

Is 52:13–53:12/Ps 31:2, 6, 12-13, 15-16, 17,  
25 (Lk 23:46)/Heb 4:14-16; 5:7-9/  
Jn 18:1–19:42

### Saturday:

*Easter Vigil:* Gn 1:1–2:2 or 1:1, 26-31a/Ps  
104:1-2, 5-6, 10, 12, 13-14, 24, 35 (30) or Ps  
33:4-5, 6-7, 12-13, 20-22 (5b)/Gn 22:1-18  
or 22:1-2, 9a, 10-13, 15-18/Ps 16:5, 8, 9-10, 11  
(1)/Ex 14:15–15:1/ Ex 15:1-2, 3-4, 5-6, 17-18  
(1b)/Is 54:5-14/Ps 30:2, 4, 5-6, 11-12, 13  
(2a)/Is 55:1-11/Is 12:2-3, 4, 5-6 (3)/Bar  
3:9-15, 32–4:4/Ps 19:8, 9, 10, 11 (Jn  
6:68c)/Ez 36:16-17a, 18-28/Ps 42:3,  
5; 43:3, 4 (42:2)/Rom 6:3-11/Mk 16:1-7

### Next Sunday:

Acts 10:34a, 37-43/Ps 118:1-2, 16-17, 22-23  
(24)/Col 3:1-4 or 1 Cor 5:6b-8/Jn 20:1-9  
or Mk 16:1-7

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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

A few months before they married, my twenty-three-year-old sister and her fiancé planned a cross-country road trip to visit his family. My parents told them that they could only go if they slept in separate hotel rooms, offering to foot the bill. It might sound prudish, but my parents wanted the young couple to understand that their approaching unity was close, but not yet. Patience solidifies love.

What could this possibly have to do with Palm Sunday? It's usually overlooked, but the Gospels tell us that, after entering Jerusalem, Jesus **“looked around ... and since it was late, went out to Bethany with the twelve” (Mk 11:11)** for the night. Who cares? Why include this detail? Jews in those days believed that the new Davidic King would one day re-enter and “marry” the city. A new future marked by fidelity would begin for God's people. Israel's God would be in union with His people forever. Without over-sexualizing the metaphor, perhaps Jesus refused to sleep in Jerusalem to remind us of his marital purpose. He was entering Jerusalem as the bridegroom-king. It was almost time, but not yet. Soon he will sleep in Jerusalem in the tomb and then something new will begin: his one body, his Church.

**Lenten challenge:** This Holy Week, I challenge you to keep this image in your mind all the way until Easter Sunday: Jesus is the faithful bridegroom who patiently prepares his bride for their new life together. Go to the Good Friday liturgy and kiss the cross. When you do, let that gesture be the long-awaited “I do” to our faithful God, who always waits for us.

— Father John Muir



# Weekly Prayer

## Sunday's Readings

### First Reading:

I have set my face like flint,  
knowing that I shall not be put to shame. (Is 50:7)

### Psalm:

My God, my God, why have you abandoned me? (Ps 22)

### Second Reading:

He humbled himself,  
becoming obedient to the point of death,  
even death on a cross.  
Because of this, God greatly exalted him. (Phil 2:8-9)

### Gospel:

They brought him to the place of Golgotha  
—which is translated Place of the Skull—. (Mk 15:22)

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## Live The Liturgy Inspiration of the Week

The crowds of Jerusalem beautified the path of Jesus as he came into the city, offering their own cloaks in homage. Let us make way in our hearts for the King as we enter into Holy Week.

## Observances for the week of March 24, 2024

- Sunday:** Palm Sunday of the Passion of the Lord,  
Holy Week begins
- Thursday:** Holy Thursday
- Friday:** Good Friday
- Saturday:** Holy Saturday
- Next Sunday:** Easter Sunday



## Saint of the week

St. Toribio Romo González was a Mexican priest and martyr from Jalisco in the early 1900's. He's known for his strong devotion to the Eucharist and catechesis to the poor. During a time of religious persecution in Mexico, government troops shot and killed him.

## Prayer for Palm Sunday

Blessed be your name, oh Lord my God! As we enter this week of your Passion and Death, keep me in lockstep with you. Help me to be attentive to every word you would have me hear, every lesson you would have me learn. I want to journey with you. Amen.



Those preceding him as well as those following kept crying out: “Hosanna! Blessed is he who comes in the name of the Lord! Blessed is the kingdom of our father David that is to come! Hosanna in the highest!”  
- Mk 11:9-10

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## Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

### First Reading

Despite his suffering, we hear how the prophet Isaiah found strength in his faith and fidelity to God. How does your faith help you through professional or family challenges?

### Second Reading

Paul taught that central to Jesus’s identity was his humility and obedience to God. How well do you practice these Christian virtues?

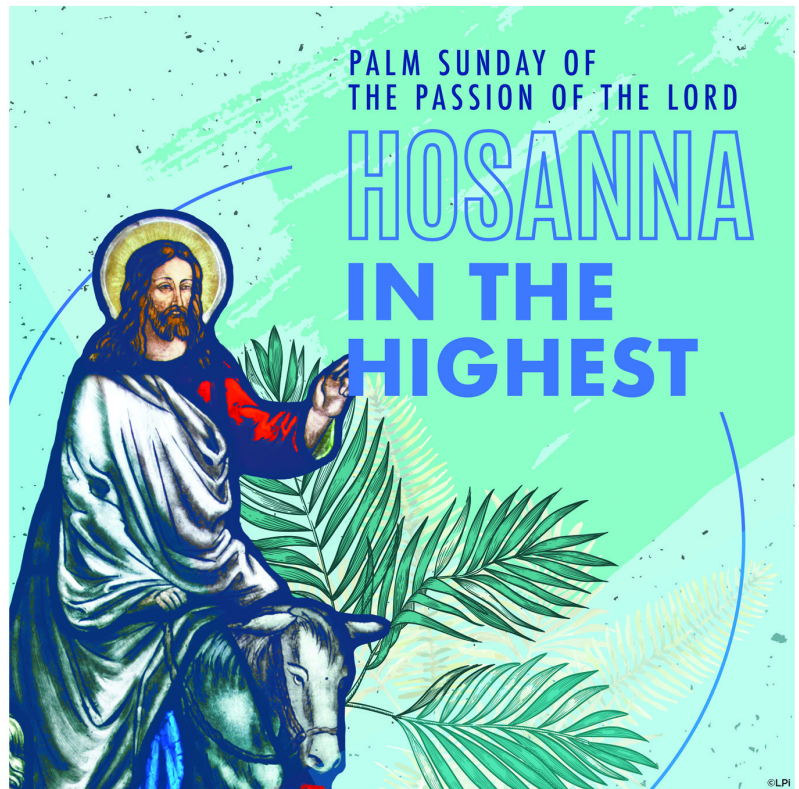
### Gospel Reading

We hear today Mark’s account of the Passion of our Lord. How do you prepare yourself to listen to the passion narrative?



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# Liturgical Life

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## ( PRACTICING ) CATHOLIC

### The Whole Story

The Bible is a strange book.

It's one of the only books that most people never read in its entirety, even those who claim it as one of their favorites. It's also one of the only books that we feel comfortable chopping up and sectioning out. There's nothing wrong with that, really, until people start making wholesale judgments of divine revelation based on one tiny part of it. You can't base your belief system on a few lines from Leviticus and ignore the Gospels, just like you can't embrace the teachings of Jesus and ignore the Old Testament. You need to accept the whole story, in its entirety, or none of it means anything.

But it's hard, because accepting the whole story means patience. It means critical thinking. It requires endurance. It's easier just to throw a line from Leviticus at a problem and be done with it.

Holy Week reminds us that salvation history is a tapestry, not a collection of threads. As beautiful as the individual stitches might be, you won't appreciate the message unless you back up and look at the complete product. If we didn't have the whole story, Holy Thursday and Good Friday would be neither holy nor good. And without Holy Week, Easter morning means nothing — it's just a guy waking up.

How often in life do we find ourselves confused to the point of hopelessness, unable to make sense of it all? Overwhelmed by the pain and suffering that exists in this world, and for seemingly no reason. Some of us become so frustrated we throw up our hands and despair.

We need Easter. We need the whole story. We need to be patient.

*"His disciples did not understand this at first, but when Jesus had been glorified they remembered that these things were written about him and that they had done this for him." — John 12:16*

- Colleen Jurkiewicz Dorman

## Why do we do that? Catholic Life Explained

### Question:

Do Catholics always need to receive communion in wafer form, or can it be different kinds of bread?

### Answer:

In the Roman Rite of the Catholic Church, the most common form for the eucharistic bread is the small white communion "wafer" that is a ubiquitous part of the Catholic Mass. The instructions of the Church have been very specific regarding the make-up of the bread used in the Mass: "The bread used in the celebration of the Most Holy Eucharistic Sacrifice must be unleavened, purely of wheat, and recently made ... it follows therefore that bread made from another substance, even if it is grain, or if it is mixed with another substance different from wheat to such an extent that it would not commonly be considered wheat bread, does not constitute valid matter for confecting the Sacrifice and the Eucharistic Sacrament" (see *Redemptionis Sacramentum* by the Congregation for Divine Worship and the Discipline of the Sacraments, no. 48).

The Church's tradition of using a wheat-based bread is based on the bread that Jesus would have used at the Last Supper and is considered to be an essential part of the "matter" of the Sacrament of the Eucharist.

As we consider the question of whether a "wafer" — which is properly called a "host" — should be used, we also must keep in mind that in the Eastern Rites of the Catholic Church, leavened (i.e. "raised") bread is more often used. And so, while the thin, white "wafer" is most commonly used in the Roman Rite of the Church, the full expression of the Catholic tradition does allow for a more substantial form of bread to be used, but the tradition of using a simple wheat bread with no other additions or additives is considered essential.

Sat  
April 27th  
2024

 St. Raphael *presents:*  
CATHOLIC CHURCH

CHRIS & LINDA  
PADGETT



# Growing Holy, Happy Marriages

## A One Day Marriage Retreat

...with Chris & Linda Padgett

Get ready for a new kind of Marriage Retreat! Chris & Linda bring their humor, wit, and real-life homestead adventures in a faith-filled, authentic way we all can relate to.

Weaving stories and sharing with lively breakout groups, this retreat gives couples of all ages (engaged ones, too!) a fresh, fun look into navigating life's ups and downs with the Church's very practical wisdom for marriage and family life. It's likely you'll (re)discover your own "happy place"!



**WHEN:** SAT APRIL 27  
9AM-5PM (DCORS OPEN 8:15AM)

**WHERE:** ST. RAPHAEL CATHOLIC  
CHURCH SPRINGDALE AR

**INCLUDES:** 3 SESSIONS - LUNCH  
FELLOWSHIP - MASS

**\$50**  
PER COUPLE

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CHILDCARE AVAILABLE  
FOR \$10 PER COUPLE

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DEADLINE APRIL 21

**OR SCAN**







**Easter Egg  
Hunt  
Easter  
Sunday,  
after Masses**



## LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

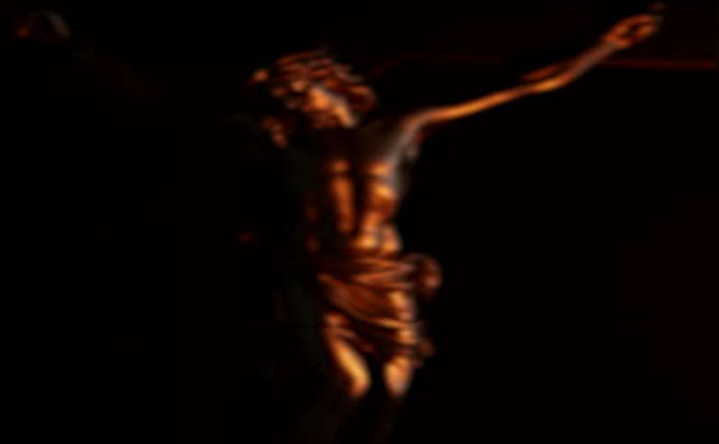
Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

©LPI

# T E N E B R A E

a Lenten service of light and shadow



**WEDNESDAY, MARCH 27, 7:00PM**  
Immaculate Heart of Mary Catholic Church  
7006 Jasna Gora Dr, NLR

Come early for Baked Potato Supper  
at 6:00pm in the Cafeteria

Presented by Steven Shook & IHM Music Ministry  
Christie Powell - Immaculate Conception Youth Director  
and Fr. Shaun Wesley





# PRAYERS IN THE PEW™

## National Eucharistic Revival Supplement – March 2024

During the National Eucharistic Revival, we are reminded of our need to be spiritually prepared to receive our Eucharistic Lord. The disciples on the Road to Emmaus discovered Him in the breaking of bread.



### THE IMPORTANCE OF THE EUCHARISTIC FAST

#### Eucharistic Saint



**St. Rose Philippine Duchesne (1769 -1852)** – This French nun was a Sacred Heart Sister who came to evangelize the Native American tribes in the mission territory of St. Louis, Missouri. She could not learn the native languages so she spent countless hours praying before the Eucharist for the other missionary sisters instead. The Indians gave her the name of “The Woman Who Prays Always.”

#### Back to Basics

**THE EUCHARISTIC FAST:** Bodily fasting before receiving a spiritual gift has a long history in our tradition. Moses fasted for forty days before receiving the Ten Commandments (Ex 34:28), and the prophet Elijah journeyed for forty days through the desert before his experience of God on the mountain (1 Kgs 19:8).



The Eucharistic Fast has the same effect on us: it prepares us to be worthy vessels in which to receive our Eucharistic Lord. Canon Law states: “One who is to receive the Most Holy Eucharist is to abstain from any food or drink, with the exception of water and medicine, for at least the period of one hour before Holy Communion.” (Canon 919)

Physical mortification before receiving Communion makes us spiritually receptive to His grace.

#### Faith in Action



**Two Exceptions** – If a priest must celebrate more than one Mass in a day, he is obliged to keep the Eucharistic fast only before the first Mass. Likewise, the elderly, the sick, and those who care for them may receive Communion if they have eaten something within the preceding hour.

**Twice In a Day** – It sometimes happens that the faithful wish to receive the Eucharist more than once in a day. The Church allows a person who has already received the Eucharist to receive a second time on the same day, but it **must be within a Mass** (Canon 917).

*“May my heart ever hunger for Thee and be nourished by Thee, whose sight the angels desire; may my innermost soul be filled by the sweetness of thy savor and ever thirst for Thee, the fount of life, the fount of wisdom and science, the fount of eternal life, the torrent of joy, the plentitude of the house of God. ~ St. Bonaventure*

#### National Eucharistic Revival News and Resources

Make sure to keep up to date on the National Eucharistic Revival at the Bishops’ central website: [www.EucharisticRevival.org](http://www.EucharisticRevival.org). For news on the upcoming Eucharistic Congress, please see [www.eucharisticcongress.org](http://www.eucharisticcongress.org). You can also get the *Eucharistic Revival Edition Prayer Cards* at [www.SitStandKneel.com](http://www.SitStandKneel.com) for great evangelization resources to spread the Eucharistic fire!

# PRAYERS IN THE PEW™ MONTHLY

## FAITH IN ACTION CALENDAR / HIGHLIGHTS

THU MAR 7	Saints Perpetua and Felicity, Martyrs
SUN MAR 17	St. Patrick, Bishop and Patron of Ireland
SUN MAR 31	Easter Sunday

*Faith Formation Companion to Prayers in the Pew™*

### → MONTHLY SYNOPSIS ←

March 2024 – Lent takes up all of March this year and leads us into Holy Week at the very end of the month. It is a time of preparation and deep listening to the voice of the Lord. Lent is also a penitential season in which we aim to overcome our sinful tendencies and strengthen our spiritual lives. The Act of Contrition helps us truly understand our need for Christ's sacrifice on the Cross.

## THE ACT OF CONTRITION

The devil has great power to tempt us to sin, however, his power is not infinite (CCC, 395). God has provided a way to break sin's power over us: namely, by repentance. Repentance is the *antidote* to sin.

To help us spiritually, the Church gives us a prayer we can easily memorize as our way to express repentance. Hopefully, we learned some form of the Act of Contrition in our catechism as children or from our parents.

As you pray this Offering, keep in mind that you are united with the entire Church at prayer, from the most pious nuns and monks in their monasteries to the simplest believers on all five continents:

### THE ACT OF CONTRITION

*O my God, I am heartily sorry for having offended you, and I detest all my sins, because I dread of the loss of heaven and the pains of hell; but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance, and to amend my life. Amen.*

There are slightly different versions of this prayer, but essentially, any good act of contrition contains these seven elements:

1. We express sorrow to God because our sin offends Him specifically.

2. We are "heartily" sorry, meaning that our repentance is from the heart, not just a superficial sentiment.
3. We hate ("detest") sin because it is the devil's work, not God's. Note that this is not a hatred of ourselves but of our sinful acts.
4. We also humbly acknowledge the truth that mortal sin leads us to hell if we do not repent.
5. We understand that the love of God is the reason we repent – we regret offending Him "who is all good" and deserves a better response from us.
6. We make a firm act of the will ("firmly resolve") to get our moral lives back on track and never to sin again. And finally,
7. We declare that we cannot overcome sin on our own without the "help of His grace."

This is the perfect prayer for our spiritual lives, and we should pray it every day. Why is it perfect? Because it gives us *humility* in the place of the sin of pride which separates both angels and men from God.

### THE SCHOOL OF SAINTS



"Urge all souls to trust in the unfathomable abyss of My mercy, because I want to save them all. On the cross, the fountain of My mercy was opened wide by the lance for all souls - no one have I excluded!"

~ Words of Jesus, the Divine Mercy, to St. Faustina

## SPIRITUAL CHALLENGE

This month, Lent challenges us to place the highest possible priority on developing a Eucharist-centered spirituality. This may take the form of visiting the Lord directly in a parish's adoration chapel, or attending a daily Mass of possible, or just making a visit to a Catholic church to pray. A Eucharist-centered spirituality is the actual spirituality of Our Lady and of the Church itself.



## CALENDAR OF FAITH | March

MAR 3 Sun	St. Katherine Drexel, Virgin and Founder of Sisters of the Blessed Sacrament
MAR 4 Mon	St. Casimir, Confessor
MAR 7 Thu	Saints Perpetua and Felicity, Martyrs
MAR 8 Fri	Saint John of God, Religious
MAR 9 Sat	St. Frances of Rome, Religious
MAR 17 Sun	St. Patrick, Bishop and Patron of Ireland
MAR 18 Mon	St. Cyril of Jerusalem, Bishop and Doctor of the Church
MAR 19 Tue	Solemnity of St. Joseph, Husband of Mary
MAR 23 Sat	St. Turibius de Mongrovejo, Bishop
MAR 24 Sun	Palm Sunday, Beginning of Holy Week

### FAITH FUNDAMENTALS



#### Two Types of Sin

There are many ways to sin but only two types of sin. "All wrongdoing is sin," says the Apostle John, "but there is sin that is not deadly" (1 John 5:17). John's teaching is the biblical basis for the Church's understanding of the two types of sin: mortal and venial.

How do we know for sure whether a sin is mortal or venial? The Church gives us three criteria for evaluating sin.

**Mortal Sin**—We can know an act is mortally sinful if it consists of:

1. Grave matter – namely, a serious violation of God's commandments.
2. Full knowledge – that is, an understanding of the wrongness of the act.
3. Deliberate consent – meaning a personal decision to commit the sin.

**Venial Sin**—When an act is a venial sin, it lacks one or more of these criteria, or it is much less serious in any of these three areas.

### CATECHISM CONNECTION



**1452** When it arises from a love by which God is loved above all else, contrition is called "perfect" (contrition of charity). Such contrition remits venial sins; it also obtains forgiveness of mortal sins if it includes the firm resolution to have recourse to sacramental confession as soon as possible.



### BIBLE BASICS



**Isaiah 53:5** But he was pierced for our sins, crushed for our iniquity. He bore the punishment that makes us whole, by his wounds we were healed.

**Mark 1:14-15** After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel!"

## Praying with the National Eucharistic Revival

### Dulce, Jesus

Sweet Jesus, Body and Blood most Holy,  
be the delight and pleasure of my soul,  
my strength and salvation in all temptations,  
my joy and peace in every trial,  
my light and guide in every word and deed,  
and my final protector in death. Amen.

~ St. Thomas Aquinas

*[Prayers concerning the Eucharist can be found on the Official Prayers in the Pew Eucharistic Revival Edition Prayer Card.]*

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# Arkansas Seminarian Directory 2024



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**The Collection for Seminarians** was started in 2009 and has raised over 4 million dollars, all of which has been used for Seminarian education and formation. The cost of educating one seminarian is \$41,000 per year. Currently there are 25 Seminarians, with 4 more joining in the fall. Your help is needed to help prepare these young men for the priesthood. Every gift is an expression of faith. Please give generously.





# DECLINE TO SIGN

ARKANSAS ABORTION  
AMENDMENT PETITION

BISHOP ANTHONY B. TAYLOR

"It is critical that all registered voters decline to sign the petition to allow the Arkansas Abortion Amendment on the November 2024 ballot."



**Through July 5, canvassers are collecting signatures for the proposed Arkansas Abortion Amendment, which would allow unrestricted abortion "within 18 weeks of fertilization." Please decline to sign.**

**Know the truth about abortion at [dolr.org/declinetosign](https://dolr.org/declinetosign)**

Catholics have duties and responsibilities as citizens, and we are called to actively participate in political life to further the common good. This means bringing our faith into the public square. (See *Gaudium et spes* 75) The intrinsically evil act of abortion must always be vigorously opposed. For this reason, Bishop Taylor is urging all Catholics not to sign the petition to put the Arkansas Abortion Amendment on our voting ballots.

**Please Decline to Sign.**



Office of the Bishop

## DIOCESE OF LITTLE ROCK

2500 North Tyler Street • P.O. Box 7565 • Little Rock, Arkansas 72217 • (501) 664-0340 Fax (501) 664-6304

February 12, 2024

To the People of the Diocese of Little Rock,

A petition is currently being circulated in Arkansas to place an amendment on our November 2024 voting ballots that would change our state constitution to allow abortions until 18 weeks after conception. As Bishop of the Diocese of Little Rock, I urge all Catholics and all people of good will not to sign this petition.

During this campaign to enshrine abortion in our constitution, we expect that our media will be flooded with emotional propaganda. We should all know the truth about abortion and women's healthcare.<sup>1</sup> Abortion, the direct and intentional killing of a child in the womb, is never morally permissible. Abortion is never medically necessary. It does not treat or solve any pregnancy-related complication. It is not the same as treatment for miscarriage, because in miscarriage the baby has already died. Banning abortion does not prevent women from receiving true healthcare that they need. In rare cases, and in the absence of better alternatives, life-threatening maternal health conditions may require interventions that indirectly and unintentionally lead to the death of an unborn child— but this is not abortion.

This radical amendment would also strip our government from protecting women and their unborn children by gutting the state's regulatory laws like requiring parental consent before a minor has an abortion, informed consent and ultrasound requirements, or abortion facility inspection. Arkansas would be unable to protect unborn children who can already feel pain from dismemberment abortion.

The citizens of Arkansas share in the responsibility to legally protect every human life from conception to natural death. It is critical that all registered voters decline to sign the petition to allow the Arkansas Abortion Amendment on the November 2024 ballot. Rather than abortion, women should be provided love, compassion, and support through pregnancy and into each child's early years. Together we can protect the lives of thousands of innocent babies.

Sincerely in Christ,

+Anthony B. Taylor  
Bishop of Little Rock

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<sup>1</sup> USCCB infographic. 2022. *The Truth about Abortion and Women's Health*

<https://www.usccb.org/resources/Women's%20Health%20Infographic.pdf?bcx-agent-scanner=d280fd9b-a0ed-954b-9122-71e074e6e2e6>





Office of the Bishop

## DIOCESE OF LITTLE ROCK

2500 North Tyler Street • P.O. Box 7565 • Little Rock, Arkansas 72217 • (501) 664-0340 Fax (501) 664-63

12 de febrero, 2024

Al Pueblo de la Diócesis de Little Rock:

Se está circulando una petición en Arkansas para incluir una enmienda en nuestras boletas de votación de noviembre de 2024 que cambiaría nuestra constitución estatal para permitir abortos inducidos hasta 18 semanas después de la concepción. Como Obispo de la Diócesis de Little Rock, insto a todos los católicos y a todas las personas de buena voluntad a no firmar esta petición.

Durante esta campaña para consagrar el aborto inducido en nuestra constitución, esperamos que nuestros medios se vean inundados de propaganda emocional. Todos deberíamos saber la verdad sobre el aborto inducido y la atención médica de la mujer.<sup>1</sup> El aborto inducido, la muerte directa e intencional de un niño en el útero, nunca es moralmente permisible. El aborto inducido nunca es médicamente necesario. No trata ni soluciona ninguna complicación relacionada con el embarazo. No es lo mismo que el tratamiento del aborto espontáneo, porque en el aborto espontáneo el bebé ya ha muerto. Prohibir el aborto inducido no impide que las mujeres reciban la verdadera atención médica que necesitan. En casos raros, y en ausencia de mejores alternativas, las condiciones de salud materna que ponen en peligro la vida pueden requerir intervenciones que indirecta e involuntariamente causen la muerte del feto, pero esto no es un aborto inducido.

Esta enmienda radical también despojaría a nuestro gobierno de la capacidad de proteger a las mujeres y a sus hijos no nacidos al eliminar las leyes regulatorias del estado, como exigir el consentimiento de los padres antes de que una menor tenga un aborto, el consentimiento informado y los requisitos de ultrasonido, o la inspección de las instalaciones de aborto. Arkansas no podría proteger a los niños no nacidos que ya pueden sentir dolor por el aborto por desmembramiento.

Los ciudadanos de Arkansas comparten la responsabilidad de proteger legalmente cada vida humana desde la concepción hasta la muerte natural. Es crucial que todos los votantes registrados se nieguen a firmar la petición para permitir la Enmienda sobre el Aborto de Arkansas ("Arkansas Abortion Amendment") en la boleta electoral de noviembre de 2024. En lugar de un aborto inducido, las mujeres deberían recibir amor, compasión y apoyo durante el embarazo y los primeros años de cada niño. Juntos podemos proteger las vidas de miles de bebés inocentes.

Sinceramente en Cristo,

+Anthony B. Taylor  
Obispo de Little Rock

<sup>1</sup>USCCB infografía. 2022. *La verdad sobre el aborto y la salud de la mujer*. <https://www.usccb.org/resources/rfp-22-womens-health-infographic-spn.pdf?bcs-agent-scanner=edc2b7bb-ebf4-3447-b12b-a187e2b15d3c>

# The Truth About **Abortion** & **Women's Health**

**Abortion does not save women's lives.**

**Abortion** is the **direct** and **intentional** killing of a child in the womb.

**Abortion is never medically necessary.** It does not treat or solve any pregnancy-related complication.

**Outlawing abortion will not affect treatment for miscarriage.**

**Treatment for miscarriage and abortion is not the same thing.**

There is a complete moral and legal difference between losing a child through miscarriage and intentionally taking the life of a child.

In the tragic case of miscarriage, surgery may be necessary—and is an ethical treatment—to remove the remains of an unborn child who has *already died*.

While the same surgery is done to perform an abortion, abortions impose this procedure on a **living child** with the **intention** of ending his or her life.

**Women can get the lifesaving treatments they need—without abortion.**

In rare cases, and in the absence of better alternatives, life-threatening maternal health conditions may require interventions that **indirectly** and **unintentionally** lead to the death of an unborn child. **Abortion restrictions will not prevent women from receiving these treatments.**

When the lives of mother and child are in immediate danger, the goal is to fight to save both patients.

**Effective treatments exist that seek to save the life of the mother and never to intentionally harm her unborn child.**

When a woman's life is at risk in pregnancy, preterm delivery may be used as a lifesaving medical intervention to preserve the life of both mother and child.<sup>1</sup>

**Ectopic pregnancies** result when an embryo implants outside the uterus—often in the fallopian tube. Sadly, such embryos cannot survive and this condition can pose serious risks to the mother. While ectopic pregnancies sometimes resolve naturally, interventions are often necessary.

**When done ethically, treatment for an ectopic pregnancy is not abortion.** Ethical interventions include the removal of the damaged fallopian tube containing the embryo or, if embryo death has already occurred, medication can be used to resolve the ectopic pregnancy.

**Bottom line: Abortion restrictions never prevent women from receiving life-saving treatment.<sup>2</sup>**

*If you or someone you know is struggling after involvement in an abortion, the Church offers confidential, compassionate help through Project Rachel Ministry. Visit [www.hopeafterabortion.org](http://www.hopeafterabortion.org) for more information.*

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<sup>1</sup> Buskmitter, C. 2018. "The ethics of interstitial and cesarean scar ectopic pregnancies: four case studies and a review of the literature". The Linacre Quarterly 85(3): 252-269.

<sup>2</sup> For further information on these topics, reference: [1] National Catholic Bioethics Center, "Medical Interventions During Pregnancy in Light of Dobbs," <https://www.ncbcenter.org/ncbc-news/bioethics-public-policy-report-august-12-2022-ezqx2>. [2] American Association of Pro-Life Obstetricians and Gynecologists, "Myth vs. Fact: Correcting Misinformation on Maternal Medical Care," <https://aaplog.org/wp-content/uploads/2022/08/AAPOG-Myth-vs-Fact-v5.pdf>.



# La verdad sobre el **aborto** y **la salud de la mujer**

**El aborto no salva la vida a las mujeres.**

**El aborto** es el **asesinato** directo e **intencional** de un niño en el seno materno.

**El aborto nunca es una necesidad médica.** No trata ni soluciona ninguna complicación relacionada con el embarazo.

**Prohibir un aborto no afectará el tratamiento para un aborto espontáneo.**

**El tratamiento para un aborto espontáneo y un aborto no es lo mismo.**

Hay una total diferencia moral y jurídica entre perder un hijo por un aborto espontáneo y quitar la vida a un hijo de manera intencional.

En el caso trágico de un aborto espontáneo, puede ser necesaria una cirugía, y esta constituye un tratamiento ético— para quitar los restos de un niño no nacido que *ya murió*.

Aunque la misma cirugía se hace en un aborto, los abortos imponen este procedimiento en un **hijo vivo** con la **intención** de terminar su vida.

**Las mujeres pueden conseguir tratamientos necesarios para salvarles la vida sin recurrir a un aborto.**

En raros casos, y si no hay mejores alternativas, si hay afecciones de salud maternal que pongan en riesgo la vida se pueden requerir intervenciones que indirectamente **y sin intención tengan como resultado la muerte de un niño en el seno materno**. Las restricciones en los abortos **no impedirán que las mujeres reciban estos tratamientos**.

Cuando la vida de la madre y del hijo están en peligro inminente, el objetivo es bregar para salvar a ambos pacientes. **Existen tratamientos efectivos que buscan salvar la vida de la madre y nunca dañar intencionalmente a su hijo en el vientre.**

Cuando la vida de una mujer está en riesgo durante el embarazo, se puede realizar un parto prematuro como una intervención médica para salvar la vida con la intención de preservar la vida de la madre y del hijo.<sup>1</sup>

**Los embarazos ectópicos** ocurren cuando un embrión se implanta fuera del útero, por lo general en las trompas de Falopio. Lamentablemente los embriones no pueden sobrevivir y esta afección puede implicar graves riesgos para la madre. Aunque los embarazos ectópicos a veces se resuelven de manera natural, las intervenciones por lo general son necesarias.

**Cuando se hace de manera ética, el tratamiento para un embarazo ectópico no constituye un aborto.** Las intervenciones éticas implican quitar la trompa de Falopio dañada que contiene el embrión o, si el embrión ya murió, se puede usar medicación para solucionar el embarazo ectópico.

**Conclusión: Las restricciones al aborto nunca impiden que las mujeres reciban el tratamiento que les salve la vida.<sup>2</sup>**

*Si tú o alguien que conoces está teniendo dificultades después de participar en un aborto, la Iglesia ofrece ayuda confidencial y compasiva por medio del Ministerio Proyecto Raquel. Visite [www.esperanzaposaborto.org](http://www.esperanzaposaborto.org) para más información.*

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<sup>1</sup> Buskmiller, C. 2018. "The ethics of interstitial and cesarean scar ectopic pregnancies: four case studies and a review of the literature". The Linacre Quarterly 85(3): 252-269.  
<sup>2</sup> Para mayor información sobre estos temas, puede ver las siguientes referencias: [1] National Catholic Bioethics Center, "Medical Interventions During Pregnancy in Light of Dobbs," <https://www.ncbcenter.org/ncbc-news/bioethics-public-policy-report-august-12-2022-ezqx2>. [2] American Association of Pro-Life Obstetricians and Gynecologists, "Myth vs. Fact: Correcting Misinformation on Maternal Medical Care," <https://aaplog.org/wp-content/uploads/2022/08/AAPLOG-Myth-vs-Fact-v5.pdf>.

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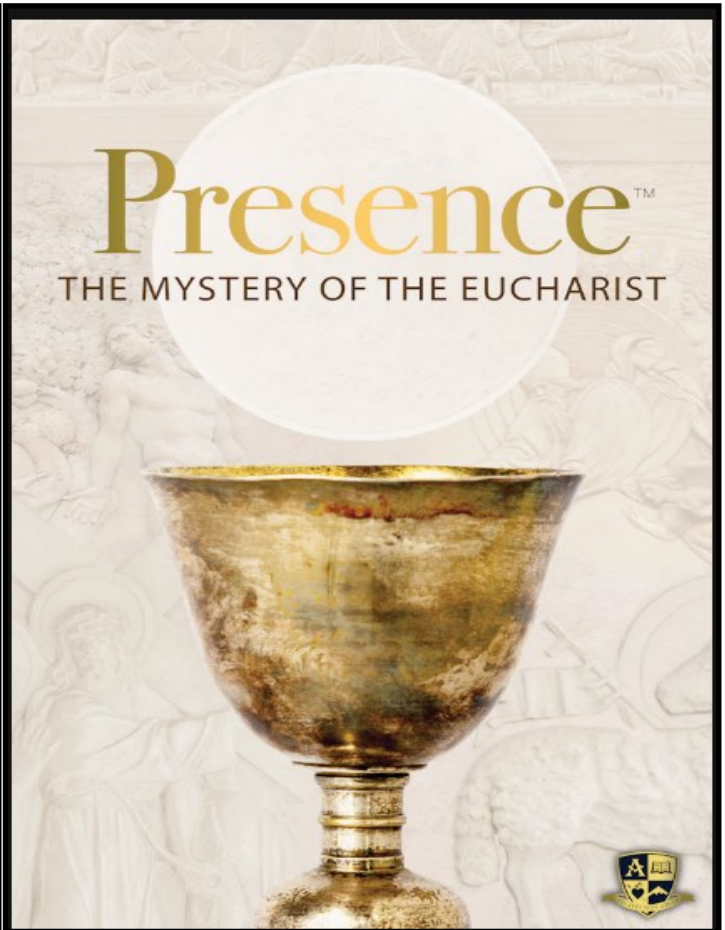
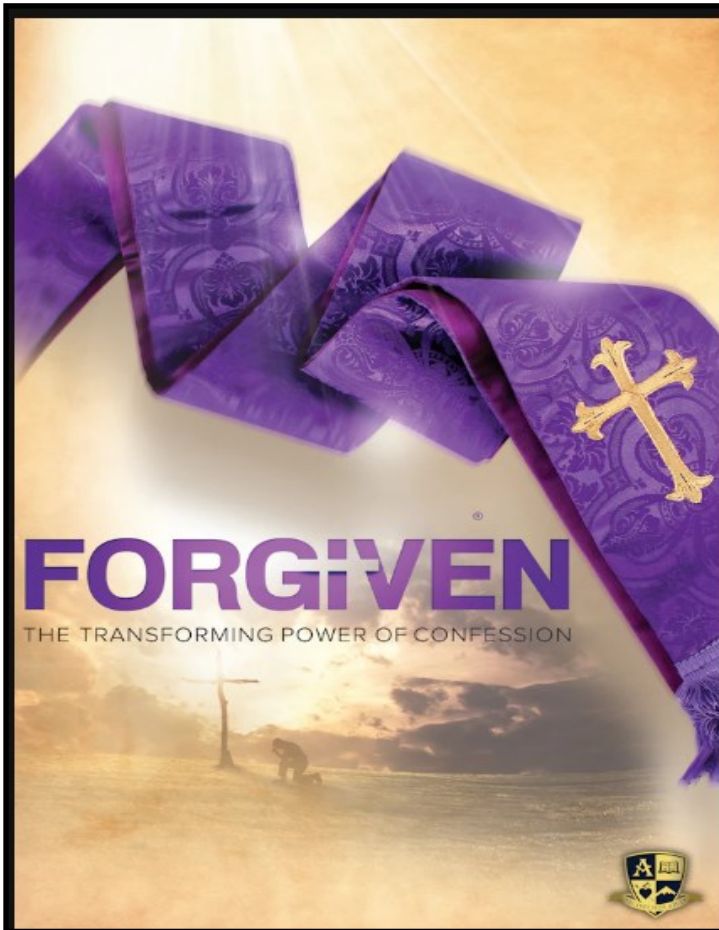
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