

*March 10, 2024*  
*10 de Marzo de 2024*

# **SAINT ANNE CATHOLIC CHURCH**

## **IGLESIA DE SANTA ANA**

*Berryville, AR*

### Mass Schedule/

#### Horario de misas

Wednesday/Miércoles 6pm

Saturday/Sabado 8:30am

#### Sunday/Domingo

Mass in English 11:00am

Misa en español 1:00pm

### Parish Contact Information

#### Info. de contacto de la parr

Parish Phone: (870) 423-3927

#### Parish Email:

secretary@stannesberryville.com

#### Pastor Emergency Number:

(870) 929-6374

#### Pastor Email:

frjoseph@stannesberryville.com

#### Mailing Address:

614 S. Main St.

Berryville, AR 72616

### Parish Staff & Ministry Personal y Ministerio Parr

#### Pastor

Rev. Joseph Archibong

#### Deacon

Dc. Elias Rangel

#### Secretary/Bookkeeper

Regina Morris

#### DRE/Faith Formation

Pam Richter

#### Liturgical Music

Ellen Eby

#### Música litúrgica

Jesse Fernandez de Lara

#### RCIA Coordinator

Kevin Richter

#### Parish Council

Jeneanne Duncan



## **4<sup>TH</sup> SUNDAY OF LENT**

For everyone who does wicked things hates the light and does not come toward the light, so that his works might not be exposed. But whoever lives the truth comes to the light, so that his works may be clearly seen as done in God. - Jn 3:20-21

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### THE SACRAMENT OF RECONCILIATION/ EL SACRAMENTO DE LA RECONCILIACION

is offered at 9:00 am after the Saturday morning Mass and during the Holy Hour on Wednesday evenings from 5:00-5:45 pm /se ofrece a las 9:00 am después de la misa del sábado por la mañana y durante la Hora Santa los miércoles por la tarde de 5:00 a 5:45pm

### ADORATION OF THE MOST BLESSED SACRAMENT/ ADORACIÓN DEL SANTÍSIMO SACRAMENTO

is on every Wednesday at 5:00pm and every First Friday from 7pm to 8am/ es todos los miércoles a las 5pm y todos los primeros viernes de 7pm a 8am.

### SACRAMENTAL LIFE/VIDA SACRAMENTAL

If you are interested in receiving any of the Sacraments, please contact the parish office./ Si está interesado en recibir alguno de los sacramentos, comuníquese con la oficina parroquial.

### NEW TO THE PARISH?/¿NUEVO EN LA PARROQUIA?

If you are new to the parish, please fill out a parish registration form. Forms are located at the parish office or the Vestibule/Si es nuevo en la parroquia, complete un formulario de registro parroquial. Las formas son ubicado en la oficina parroquial o en el Vestíbulo.



# LITURGICAL SCHEDULE

## SUNDAY, MARCH 10 FOURTH SUNDAY OF LENT

11am: +Elia Vega  
1pm: Isabel Knapik & Maria Barahona

## WEDNESDAY, MARCH 13

6pm: +Jim McIntyre

## SATURDAY, MARCH 16

8:30am: +Knox Morse

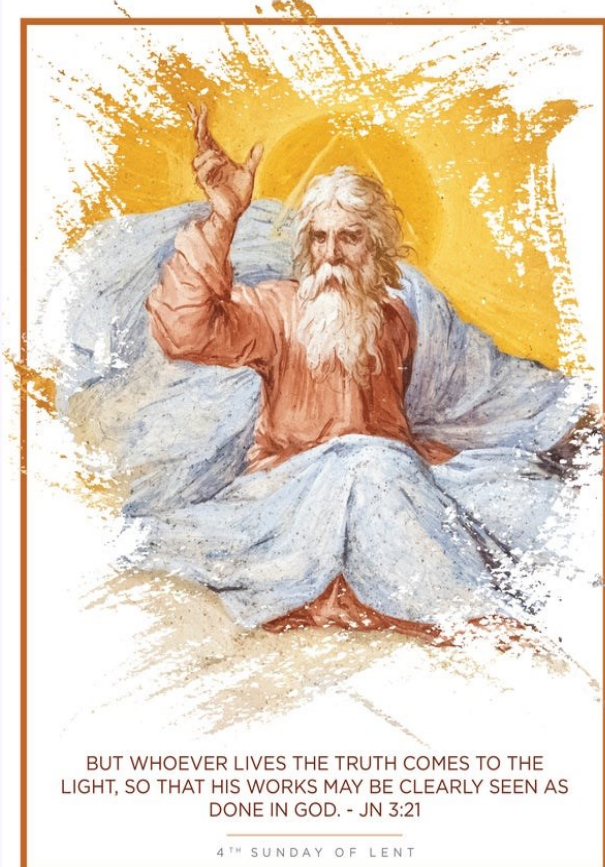
## SUNDAY, MARCH 17 FIFTH SUNDAY OF LENT

11am: +Frank Torok  
1pm: +Anselmo Preciado Almeida



*Please Pray For:*

**Terry & Pat Dean, Del Waller, Allen Nieves, Andrew Tovar, Mary Lou Fuller, Amy Tegley, Toni Meyers, Myrtle Tharp, Mike Tharp, Fred Becker, Tiffany, Jesse, Bill & Faye McKee, Mataya and Rayland Winburn, Maya Tamayo, Maria Sandoval, Maria Welch, Cindy Mitchell, David, Jane & Monica Reuter, Denise Reuter, Rodriguez Family, Baldwin Family, Elver Morales, Sebastian Camarillo, Chris Jablonski, June Sawyer, David Ingram, Barbara Strain, Larry Miller, Kathy Owen, and Norma Miller. Nursing home patients and homebound: Betty Blach, Kevin Harris, Bob Doss, Flo Fitzsimmons and Bill Jenkins. Our Military: Marissa Richter—Army Nat'l Guard, Jonathon Waller— Army, Michael A. Wilhelm—Army in Korea, Dr. Kate Williams— Army Reserve, Daniel Clifford— Chief Navy Officer, Thomas Dean— Corrections Officer, Robert Dean— EMT, Michael Alcala—Airforce. Our law Enforcement: Robert Bartos, Eric Richter, Mary Clifford, Josue Rangel, and all others in the Armed Forces & Law Enforcement.**



Our Youth will be having a Bake Sale after both Masses today, **March 10th.** All proceeds go towards helping them pay for the retreats they will attend throughout the year.

Today our parish will take up **The Catholic Relief Services Collection.** Funds from this collection provide food to the hungry, support displaced refugees, and bring Christ's love and mercy to vulnerable people here and abroad. Next week, please give generously to the collection and reveal Christ's love to those most in need. Learn more about the collection at [www.usccb.org/catholic-relief](http://www.usccb.org/catholic-relief).



*Our Seminarians  
for the month of  
March, 2024*

**Pedro Alvarez**

Contact address:  
House of Formation,  
1201 S. Van Buren,  
Little Rock, AR 72204  
For more information  
on our seminarians, go to **Elijah Bailey**  
[www.dolr.org/seminarians](http://www.dolr.org/seminarians)




Sunday Collections for 3/3/2024

Regular Collections: \$3,430.52

Building Collections: \$256.00

Local Charities: \$35.00

**2024 Mass for Hope and Healing / Misa de Esperanza y Sanación 2024**

**What:** To pray for healing for survivors of child sexual abuse, and to commemorate April as the National Child Abuse Prevention Month

**When:** Sunday, April 14, at 5:30 p.m.

**Where:** Cathedral of St. Andrew, 617 S. Louisiana St., Little Rock

**Who:** Anyone who is interested in praying for victims, their families and friends.

*Bishop Anthony B. Taylor, Celebrant*


**Qué:** Para orar por la sanación de los sobrevivientes de abuso sexual infantil, y para conmemorar el mes de abril como el Mes Nacional de Prevención contra el Abuso Infantil.

**Cuándo:** Domingo, 14 de abril, a las 5:30 p.m.


**Dónde:** Catedral de San Andrés, 617 S. Louisiana St., Little Rock

**Quién:** Cualquier persona que esté interesada en orar por las víctimas, sus familias y amigos.

*El Obispo Anthony B. Taylor celebrará la Misa*



La Diócesis Católica de Little Rock está comprometida con la protección de niños y jóvenes. Si tiene conocimiento de abuso o ha sido abusado por clérigos, voluntarios de la Iglesia o trabajadores de la Iglesia, comuníquese con la Línea Directa del Estado de Arkansas para Delitos contra Niños al 1-800-482-5964 y el Canciller de Asuntos Canónicos, Dcn. Matthew A. Glover, (501) 664-0340 ext. 361. Para obtener ayuda pastoral, comuníquese con el Coordinador de Asistencia a las Víctimas de la Diócesis de Little Rock: Laura Gottspomer (501) 664-0340, ext. 425. Diócesis de Little Rock, 2500 N. Tyler Street, Little Rock, AR 72207.



The Catholic Diocese of Little Rock is committed to protecting children and young people. If you are aware of abuse or have been abused by clerics, Church volunteers, or Church workers, please contact the State of Arkansas Hotline for Crimes against Children at 1-800-482-5964 and the Chancellor for Canonical Affairs, Dcn. Matthew A. Glover, (501) 664-0340 ext. 361. For pastoral assistance please contact the Victim Assistance Coordinator for the Diocese of Little Rock: Laura Gottspomer (501) 664-0340, ext. 425. Diocese of Little Rock, 2500 N. Tyler Street, Little Rock, AR 72207.

# **Stations of the Cross**

## **Estaciones de la Cruz**



**Fridays during lent**  
**Viernes durante la cuaresma**

**St. Anne/Santa Ana**

**5pm in English/ en Ingles**

**6pm in Spanish/en Español**

**St. Elizabeth/Santa Isabel**

**Mass at 12noon at the parish center followed by**

**Stations of the Cross/**

**Misa a las 12 del mediodía en el centro**

**parroquial seguida del Vía Crucis**

## *Easter Triduum/Triduo Pascual*



### **Holy Thursday/Jueves Santo: March 28/28 de Marzo**

St. Elizabeth Church / Iglesia de Santa Isabel-4pm

St. Anne/Santa Ana - 6pm

### **Good Friday/Viernes Santo: March 29/29 de Marzo**

St. Elizabeth Church/ Iglesia de Santa Isabel- 12:15pm

St. Anne/Santa Ana- 5pm

St. Anne- Stations of the Cross (Spanish)/ Santa Ana- Estaciones de la cruz (español) 6pm

### **Easter Vigil/Vigilia Pascual: March 30/30 de Marzo**

St. Anne/Santa Ana- 8pm

### **Easter Sunday/Domingo de Pascua: March 31/31 de Marzo**

Regular Sunday Mass Schedule/ Horario habitual de misas dominicales

# Worship & Meditation

## Readings for the week of March 10, 2024

### Sunday:

2 Chr 36:14-16, 19-23/Ps 137:1-2, 3, 4-5, 6 (6ab)/Eph 2:4-10/Jn 3:14-21 *Scrutiny:* 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-3a, 3b-4, 5, 6 (1)/Eph 5:8-14/Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

### Monday:

Is 65:17-21/Ps 30:2 and 4, 5-6, 11-12a and 13b/Jn 4:43-54

### Tuesday:

Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9/Jn 5:1-16

### Wednesday:

Is 49:8-15/Ps 145:8-9, 13cd-14, 17-18/  
Jn 5:17-30

### Thursday:

Ex 32:7-14/Ps 106:19-20, 21-22, 23/  
Jn 5:31-47

### Friday:

Wis 2:1a, 12-22/Ps 34:17-18, 19-20, 21 and 23/Jn 7:1-2, 10, 25-30

### Saturday:

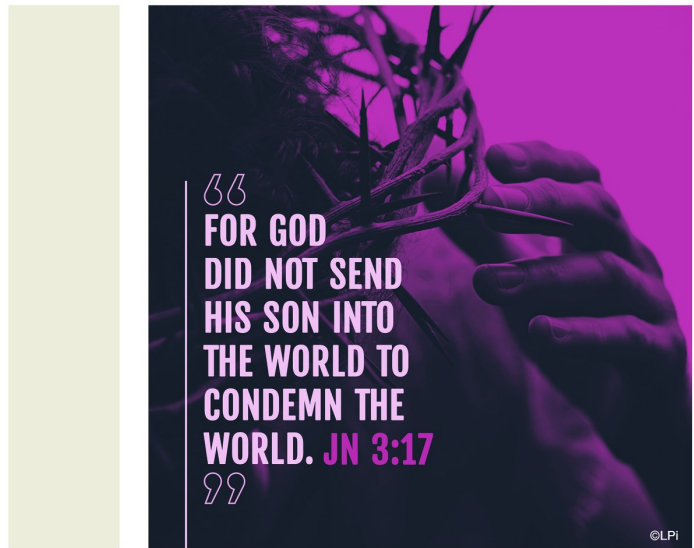
Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12/  
Jn 7:40-53

### Next Sunday:

Jer 31:31-34/Ps 51:3-4, 12-13, 14-15 (12a)/  
Heb 5:7-9/Jn 12:20-33 *Scrutiny:* Ez 37:12-14/Ps 130: 1-2, 3-4, 5-6, 7-8 (7)/Rom 8:8-11/Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45



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## Gospel Meditation

### Encourage Deeper Understanding of Scripture

Our national pastime isn't baseball. It's what the Bible calls "condemning the world." We generally enjoy pronouncing curses upon those whom we see as trouble, wrong, or evil. Don't believe me? Listen to almost any podcast, cable news network, or social media platform to hear it. It will be some version of: "We all agree that if *they* are eradicated, things will be great." Condemning is almost always clothed in virtue. It basks in its good intentions. That's why it is so attractive. Condemning seems like our best path to saving what is good.

What a shock, then, to hear Jesus announce: "**For God did not send His Son into the world to condemn the world, but that the world might be saved through him**" (Jn 3:17). He comes to save the world, as we all want, but he will accomplish it *without an act of condemnation*. How hard it is to accept this! Condemning feels godlike. I judge who and what must be lost to protect the good. But in the light of Jesus' endless mercy and love, this is the least godlike thing we can do.

**Lenten challenge:** This week, I invite you to give up the delicious experience of condemning whomever in the world you most would like to see gone. Perhaps write down their names. Secondly, I invite you to consider fasting from any media that feeds the tasty but deadly tendency to condemn.

— Father John Muir

# Weekly Prayer

## Sunday's Readings

### First Reading:

Early and often did the LORD, the God of their fathers, send his messengers to them, for he had compassion on his people and his dwelling place.

But they mocked the messengers of God, despised his warnings, and scoffed at his prophets, until the anger of the LORD against his people was so inflamed that there was no remedy. (2 Chr 36:15-16)

### Psalm:

Let my tongue be silenced, if I ever forget you! (Ps 137)

### Second Reading:

God, who is rich in mercy, because of the great love he had for us, even when we were dead in our transgressions, brought us to life with Christ. (Eph 2:4-5)

### Gospel:

For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life. (Jn 3:16)

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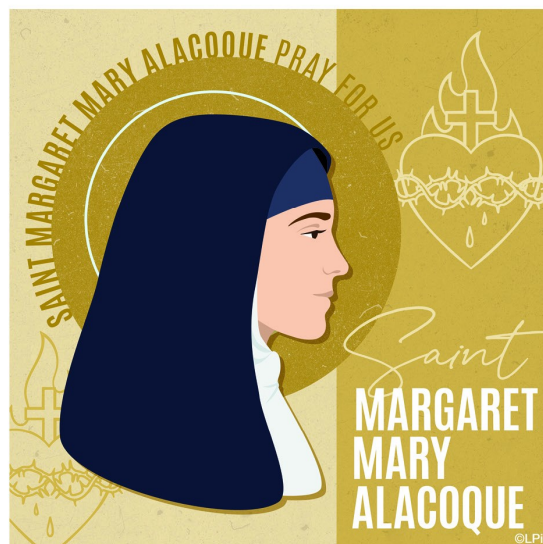
## Live The Liturgy Inspiration of the Week

Out of love for us, God sent His son into the world, to illuminate the truth that brings salvation. But light can be blinding to eyes that have only seen darkness. Pray that God will teach us to walk bravely in the light.

## Observances for the week of March 10, 2024

**Sunday:** 4th Sunday of Lent, Daylight Saving Time begins

**Next Sunday:** 5th Sunday of Lent



## Saint of the week

St. Margaret Mary Alacoque was a French nun who had visions of Jesus and his Sacred Heart. She devoted her life to promoting Eucharistic adoration and the Feast of the Sacred Heart. Her Thursday night holy hours are still a common practice among modern Catholics!

## Prayer for Laetare Sunday

Dear Jesus,  
We've been in this season of Lent for a few weeks now. I want to re-commit myself in this time — renew and strengthen my resolve. Help me to use these last few weeks to grow closer to you. Amen.

“For everyone who does wicked things hates the light and does not come toward the light, so that his works might not be exposed. But whoever lives the truth comes to the light, so that his works may be clearly seen as done in God.”

- Jn 3:20-21

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## Questions of the Week

Invite Parishioners to Reflect and Respond to Scripture

### First Reading

We hear how God reacted strongly against Israel's disobedience and infidelity, ultimately sending them to exile in Babylon. But God also showed mercy to Israel in sending king Cyrus of Persia to rescue them. As we enter the fourth Sunday of Lent, for what do you need God's mercy in your life?

### Second Reading

Paul taught the Ephesians that by God's mercy and grace, we have been saved through Christ for the good works that God has prepared for us. Where in your life do you feel like you are doing God's work?

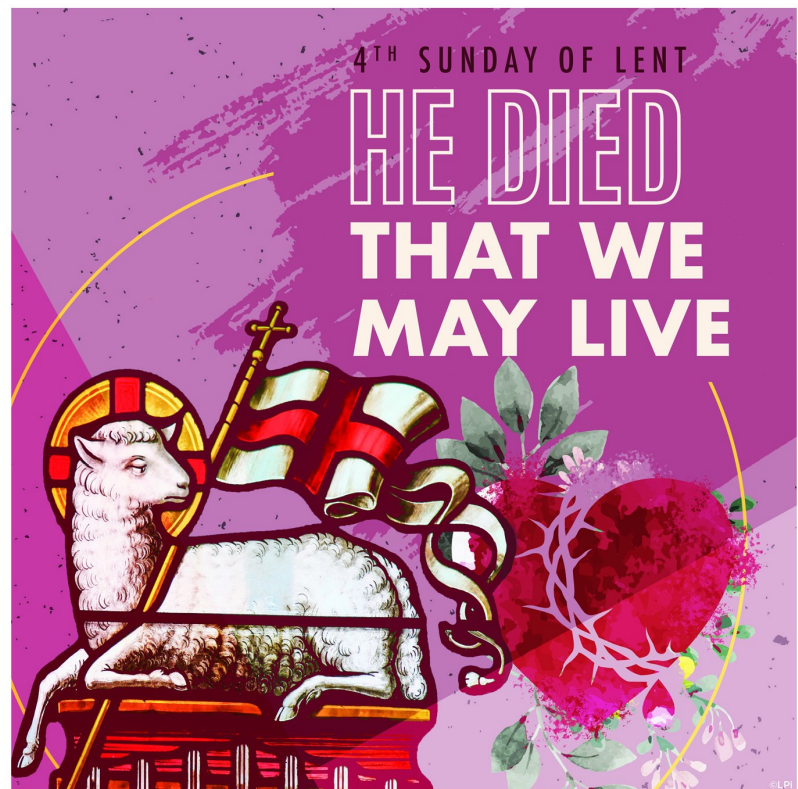
### Gospel Reading

Jesus taught Nicodemus that God loves the world and desires to save it. In what ways do you show love and respect for our world?



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# Liturgical Life

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## ( PRACTICING ) CATHOLIC

### The Uncomfortable Life in The Light

If you have ever been a woman over the age of 30 who stayed in a budget motel, you know the horror of awakening in a dark room, switching on the bathroom lights and screaming at the shriveled-up she-witch you find hiding there.

And you know the feeling of disappointment that blooms in the pit of your stomach as you realize the shriveled-up she-witch is your own reflection staring back at you beneath the merciless glare of overhead fluorescent lighting.

You may also know the relief of visiting a nice restaurant after dark and catching sight of yourself in the mirror. You lean forward, mesmerized by how different — how matte! How smooth! — the contours of your face look in what we call “forgiving light.” But this turn of phrase is simply not correct. It is not light, and it does not forgive. It is darkness, and it merely conceals.

But it feels so much better, doesn't it? Salvation can feel like condemnation, when being lost is all you know. Sometimes it is so much more comfortable to live lost in the shadows.

It is possible to yearn for darkness. Darkness gives cover to so many things. The light has a harshness that can almost seem demanding, exposing. Light can bleach. Light can burn.

“Is this really me?” you think in that budget hotel bathroom, examining acne scars you never saw before and crow's feet that seem to have developed overnight. The answer is yes. Yes, that is really you, all of it, every inch. There's nothing to be afraid of, just step into the light and own it.

*“And this is the verdict, that the light came into the world, but people preferred darkness to light, because their works were evil.” — John 3:19*

*Colleen Jurkiewicz Dorman*

## Why do we do that? Catholic Life Explained

### Question:

What's the difference between priests and brothers, friars, etc.?

### Answer:

The distinctions titles and categories used for priests and the male members of religious communities can be confusing, especially since the categories can sometimes be intertwined as a man can be both a priest and a monk, or a brother and a friar. So, to help to piece the puzzle together, it's important to begin by noting some basic distinctions:

The distinction between priests (who are ordained for sacramental ministry) and brothers (who are non-ordained members of religious communities and who are committed to lives of prayer and service).

**Priests:** A priest is a man who has been ordained for sacramental ministry and these fall into two categories: A) Diocesan (or Secular) Priests can either be attached to a diocese and who serve under a bishop. Their ministry is usually oriented toward pastoral service. B) Religious Priests are members of religious communities (like the Franciscans, Jesuits, Salvatorians, or Carmelites) and their lives are guided by the special mission and charism of their community. While both kinds of priest practice sacramental ministry, their spirituality and how they live out their priesthood can be very different.

**Brothers:** Brothers are non-ordained members of religious communities (such as those mentioned above) who live lives committed to prayer and service. Religious priests and brothers serve together in their communities and their ministries include much more than the care of parishes.

**Monks, Friars, and Canons:** These are broad categories that include religious priests and brothers, and each of these is connected to specific ways of life and spiritualities.

# *St. Elizabeth Church*

## **FRIED CATFISH**

### **DINNER**



*March 8 & 22*

*5:00 - 7:00pm*

*2 piece \$15/3 piece \$18*

*Catfish, Fries, Hush Puppies, Slaw, Drinks,  
Dessert*

*Dine-in/Carry-out/Walk-ins Welcome!*

*St. Elizabeth Parish Hall*

*232 Passion Play Rd.*

*For Reservations, Call 479-253-4503*



## LENTEN DISCIPLINES OF FASTING & ABSTINENCE

Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.

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# T E N E B R A E

a Lenten service of light and shadow



**WEDNESDAY, MARCH 27, 7:00PM**  
Immaculate Heart of Mary Catholic Church  
7006 Jasna Gora Dr, NLR

Come early for Baked Potato Supper  
at 6:00pm in the Cafeteria

Presented by Steven Shook & IHM Music Ministry  
Christie Powell - Immaculate Conception Youth Director  
and Fr. Shaun Wesley



## PRAYERS IN THE PEW™

# National Eucharistic Revival Supplement – March 2024

During the National Eucharistic Revival, we are reminded of our need to be spiritually prepared to receive our Eucharistic Lord. The disciples on the Road to Emmaus discovered Him in the breaking of bread.



### THE IMPORTANCE OF THE EUCHARISTIC FAST

#### Eucharistic Saint



**St. Rose Philippine Duchesne (1769 -1852)** – This French nun was a Sacred Heart Sister who came to evangelize the Native American tribes in the mission territory of St. Louis, Missouri. She could not learn the native languages so she spent countless hours praying before the Eucharist for the other missionary sisters instead. The Indians gave her the name of “The Woman Who Prays Always.”

#### Back to Basics

**THE EUCHARISTIC FAST:** Bodily fasting before receiving a spiritual gift has a long history in our tradition. Moses fasted for forty days before receiving the Ten Commandments (Ex 34:28), and the prophet Elijah journeyed for forty days through the desert before his experience of God on the mountain (1 Kgs 19:8).



The Eucharistic Fast has the same effect on us: it prepares us to be worthy vessels in which to receive our Eucharistic Lord. Canon Law states: “One who is to receive the Most Holy Eucharist is to abstain from any food or drink, with the exception of water and medicine, for at least the period of one hour before Holy Communion.” (Canon 919)

Physical mortification before receiving Communion makes us spiritually receptive to His grace.

#### Faith in Action



**Two Exceptions** – If a priest must celebrate more than one Mass in a day, he is obliged to keep the Eucharistic fast only before the first Mass. Likewise, the elderly, the sick, and those who care for them may receive Communion if they have eaten something within the preceding hour.

**Twice In a Day** – It sometimes happens that the faithful wish to receive the Eucharist more than once in a day. The Church allows a person who has already received the Eucharist to receive a second time on the same day, but it **must be within a Mass** (Canon 917).

*“May my heart ever hunger for Thee and be nourished by Thee, whose sight the angels desire; may my innermost soul be filled by the sweetness of thy savor and ever thirst for Thee, the fount of life, the fount of wisdom and science, the fount of eternal life, the torrent of joy, the plentitude of the house of God. ~ St. Bonaventure*

#### National Eucharistic Revival News and Resources

Make sure to keep up to date on the National Eucharistic Revival at the Bishops’ central website: [www.EucharisticRevival.org](http://www.EucharisticRevival.org). For news on the upcoming Eucharistic Congress, please see [www.eucharisticcongress.org](http://www.eucharisticcongress.org). You can also get the *Eucharistic Revival Edition Prayer Cards* at [www.SitStandKneel.com](http://www.SitStandKneel.com) for great evangelization resources to spread the Eucharistic fire!

# PRAYERS IN THE PEW™ MONTHLY

## FAITH IN ACTION CALENDAR / HIGHLIGHTS

THU MAR 7	Saints Perpetua and Felicity, Martyrs
SUN MAR 17	St. Patrick, Bishop and Patron of Ireland
SUN MAR 31	Easter Sunday

*Faith Formation Companion to Prayers in the Pew™*

### → MONTHLY SYNOPSIS ←

March 2024 – Lent takes up all of March this year and leads us into Holy Week at the very end of the month. It is a time of preparation and deep listening to the voice of the Lord. Lent is also a penitential season in which we aim to overcome our sinful tendencies and strengthen our spiritual lives. The Act of Contrition helps us truly understand our need for Christ's sacrifice on the Cross.

## THE ACT OF CONTRITION

The devil has great power to tempt us to sin, however, his power is not infinite (CCC, 395). God has provided a way to break sin's power over us: namely, by repentance. Repentance is the *antidote* to sin.

To help us spiritually, the Church gives us a prayer we can easily memorize as our way to express repentance. Hopefully, we learned some form of the Act of Contrition in our catechism as children or from our parents.

As you pray this Offering, keep in mind that you are united with the entire Church at prayer, from the most pious nuns and monks in their monasteries to the simplest believers on all five continents:

### THE ACT OF CONTRITION

*O my God, I am heartily sorry for having offended you, and I detest all my sins, because I dread of the loss of heaven and the pains of hell; but most of all because they offend you, my God, who are all good and deserving of all my love. I firmly resolve, with the help of your grace, to confess my sins, to do penance, and to amend my life. Amen.*

There are slightly different versions of this prayer, but essentially, any good act of contrition contains these seven elements:

1. We express sorrow to God because our sin offends Him specifically.

2. We are "heartily" sorry, meaning that our repentance is from the heart, not just a superficial sentiment.
3. We hate ("detest") sin because it is the devil's work, not God's. Note that this is not a hatred of ourselves but of our sinful acts.
4. We also humbly acknowledge the truth that mortal sin leads us to hell if we do not repent.
5. We understand that the love of God is the reason we repent – we regret offending Him "who is all good" and deserves a better response from us.
6. We make a firm act of the will ("firmly resolve") to get our moral lives back on track and never to sin again. And finally,
7. We declare that we cannot overcome sin on our own without the "help of His grace."

This is the perfect prayer for our spiritual lives, and we should pray it every day. Why is it perfect? Because it gives us *humility* in the place of the sin of pride which separates both angels and men from God.

### THE SCHOOL OF SAINTS



"Urge all souls to trust in the unfathomable abyss of My mercy, because I want to save them all. On the cross, the fountain of My mercy was opened wide by the lance for all souls - no one have I excluded!"

~ Words of Jesus, the Divine Mercy, to St. Faustina

## SPIRITUAL CHALLENGE

This month, Lent challenges us to place the highest possible priority on developing a Eucharist-centered spirituality. This may take the form of visiting the Lord directly in a parish's adoration chapel, or attending a daily Mass of possible, or just making a visit to a Catholic church to pray. A Eucharist-centered spirituality is the actual spirituality of Our Lady and of the Church itself.

## CALENDAR OF FAITH | March

MAR 3 Sun	St. Katherine Drexel, Virgin and Founder of Sisters of the Blessed Sacrament
MAR 4 Mon	St. Casimir, Confessor
MAR 7 Thu	Saints Perpetua and Felicity, Martyrs
MAR 8 Fri	Saint John of God, Religious
MAR 9 Sat	St. Frances of Rome, Religious
MAR 17 Sun	St. Patrick, Bishop and Patron of Ireland
MAR 18 Mon	St. Cyril of Jerusalem, Bishop and Doctor of the Church
MAR 19 Tue	Solemnity of St. Joseph, Husband of Mary
MAR 23 Sat	St. Turibius de Mongrovejo, Bishop
MAR 24 Sun	Palm Sunday, Beginning of Holy Week

### FAITH FUNDAMENTALS



#### Two Types of Sin

There are many ways to sin but only two types of sin. "All wrongdoing is sin," says the Apostle John, "but there is sin that is not deadly" (1 John 5:17). John's teaching is the biblical basis for the Church's understanding of the two types of sin: mortal and venial.

How do we know for sure whether a sin is mortal or venial? The Church gives us three criteria for evaluating sin.

**Mortal Sin**—We can know an act is mortally sinful if it consists of:

1. Grave matter – namely, a serious violation of God's commandments.
2. Full knowledge – that is, an understanding of the wrongness of the act.
3. Deliberate consent – meaning a personal decision to commit the sin.

**Venial Sin**—When an act is a venial sin, it lacks one or more of these criteria, or it is much less serious in any of these three areas.

### CATECHISM CONNECTION



1452 When it arises from a love by which God is loved above all else, contrition is called "perfect" (contrition of charity). Such contrition remits venial sins; it also obtains forgiveness of mortal sins if it includes the firm resolution to have recourse to sacramental confession as soon as possible.



### BIBLE BASICS



**Isaiah 53:5** But he was pierced for our sins, crushed for our iniquity. He bore the punishment that makes us whole, by his wounds we were healed.

**Mark 1:14-15** After John had been arrested, Jesus came to Galilee proclaiming the gospel of God: "This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel!"

## Praying with the National Eucharistic Revival

### Dulce, Jesus

Sweet Jesus, Body and Blood most Holy,  
be the delight and pleasure of my soul,  
my strength and salvation in all temptations,  
my joy and peace in every trial,  
my light and guide in every word and deed,  
and my final protector in death. Amen.

~ St. Thomas Aquinas

*[Prayers concerning the Eucharist can be found on the Official Prayers in the Pew Eucharistic Revival Edition Prayer Card.]*

Please visit our website at [www.sitstandkneel.com](http://www.sitstandkneel.com).



Office of the Bishop

## DIOCESE OF LITTLE ROCK

2500 North Tyler Street • P.O. Box 7565 • Little Rock, Arkansas 72217 • (501) 664-0340 Fax (501) 664-6304

February 12, 2024

To the People of the Diocese of Little Rock,

A petition is currently being circulated in Arkansas to place an amendment on our November 2024 voting ballots that would change our state constitution to allow abortions until 18 weeks after conception. As Bishop of the Diocese of Little Rock, I urge all Catholics and all people of good will not to sign this petition.

During this campaign to enshrine abortion in our constitution, we expect that our media will be flooded with emotional propaganda. We should all know the truth about abortion and women's healthcare.<sup>1</sup> Abortion, the direct and intentional killing of a child in the womb, is never morally permissible. Abortion is never medically necessary. It does not treat or solve any pregnancy-related complication. It is not the same as treatment for miscarriage, because in miscarriage the baby has already died. Banning abortion does not prevent women from receiving true healthcare that they need. In rare cases, and in the absence of better alternatives, life-threatening maternal health conditions may require interventions that indirectly and unintentionally lead to the death of an unborn child— but this is not abortion.

This radical amendment would also strip our government from protecting women and their unborn children by gutting the state's regulatory laws like requiring parental consent before a minor has an abortion, informed consent and ultrasound requirements, or abortion facility inspection. Arkansas would be unable to protect unborn children who can already feel pain from dismemberment abortion.

The citizens of Arkansas share in the responsibility to legally protect every human life from conception to natural death. It is critical that all registered voters decline to sign the petition to allow the Arkansas Abortion Amendment on the November 2024 ballot. Rather than abortion, women should be provided love, compassion, and support through pregnancy and into each child's early years. Together we can protect the lives of thousands of innocent babies.

Sincerely in Christ,

+Anthony B. Taylor  
Bishop of Little Rock

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<sup>1</sup> USCCB infographic. 2022. *The Truth about Abortion and Women's Health*

<https://www.usccb.org/resources/Women's%20Health%20Infographic.pdf?bcx-agent-scanner=d280fd9b-a0ed-954b-9122-71e074e6e2e6>



Office of the Bishop

## DIOCESE OF LITTLE ROCK

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12 de febrero, 2024

Al Pueblo de la Diócesis de Little Rock:

Se está circulando una petición en Arkansas para incluir una enmienda en nuestras boletas de votación de noviembre de 2024 que cambiaría nuestra constitución estatal para permitir abortos inducidos hasta 18 semanas después de la concepción. Como Obispo de la Diócesis de Little Rock, insto a todos los católicos y a todas las personas de buena voluntad a no firmar esta petición.

Durante esta campaña para consagrar el aborto inducido en nuestra constitución, esperamos que nuestros medios se vean inundados de propaganda emocional. Todos deberíamos saber la verdad sobre el aborto inducido y la atención médica de la mujer.<sup>1</sup> El aborto inducido, la muerte directa e intencional de un niño en el útero, nunca es moralmente permisible. El aborto inducido nunca es médicamente necesario. No trata ni soluciona ninguna complicación relacionada con el embarazo. No es lo mismo que el tratamiento del aborto espontáneo, porque en el aborto espontáneo el bebé ya ha muerto. Prohibir el aborto inducido no impide que las mujeres reciban la verdadera atención médica que necesitan. En casos raros, y en ausencia de mejores alternativas, las condiciones de salud materna que ponen en peligro la vida pueden requerir intervenciones que indirecta e involuntariamente causen la muerte del feto, pero esto no es un aborto inducido.

Esta enmienda radical también despojaría a nuestro gobierno de la capacidad de proteger a las mujeres y a sus hijos no nacidos al eliminar las leyes regulatorias del estado, como exigir el consentimiento de los padres antes de que una menor tenga un aborto, el consentimiento informado y los requisitos de ultrasonido, o la inspección de las instalaciones de aborto. Arkansas no podría proteger a los niños no nacidos que ya pueden sentir dolor por el aborto por desmembramiento.

Los ciudadanos de Arkansas comparten la responsabilidad de proteger legalmente cada vida humana desde la concepción hasta la muerte natural. Es crucial que todos los votantes registrados se nieguen a firmar la petición para permitir la Enmienda sobre el Aborto de Arkansas ("Arkansas Abortion Amendment") en la boleta electoral de noviembre de 2024. En lugar de un aborto inducido, las mujeres deberían recibir amor, compasión y apoyo durante el embarazo y los primeros años de cada niño. Juntos podemos proteger las vidas de miles de bebés inocentes.

Sinceramente en Cristo,

+Anthony B. Taylor  
Obispo de Little Rock

<sup>1</sup>USCCB infografía. 2022. *La verdad sobre el aborto y la salud de la mujer*. <https://www.usccb.org/resources/rfp-22-womens-health-infographic-spn.pdf?bcs-agent-scanner=edc2b7bb-ebf4-3447-b12b-a187e2b15d3c>



# The Truth About **Abortion** & **Women's Health**

**Abortion does not save women's lives.**

**Abortion** is the **direct** and **intentional** killing of a child in the womb.

**Abortion is never medically necessary.** It does not treat or solve any pregnancy-related complication.

**Outlawing abortion will not affect treatment for miscarriage.**

**Treatment for miscarriage and abortion is not the same thing.**

There is a complete moral and legal difference between losing a child through miscarriage and intentionally taking the life of a child.

In the tragic case of miscarriage, surgery may be necessary—and is an ethical treatment—to remove the remains of an unborn child who has *already died*.

While the same surgery is done to perform an abortion, abortions impose this procedure on a **living child** with the **intention** of ending his or her life.

**Women can get the lifesaving treatments they need—without abortion.**

In rare cases, and in the absence of better alternatives, life-threatening maternal health conditions may require interventions that **indirectly** and **unintentionally** lead to the death of an unborn child. **Abortion restrictions will not prevent women from receiving these treatments.**

When the lives of mother and child are in immediate danger, the goal is to fight to save both patients.

**Effective treatments exist that seek to save the life of the mother and never to intentionally harm her unborn child.**

When a woman's life is at risk in pregnancy, preterm delivery may be used as a lifesaving medical intervention to preserve the life of both mother and child.<sup>1</sup>

**Ectopic pregnancies** result when an embryo implants outside the uterus—often in the fallopian tube. Sadly, such embryos cannot survive and this condition can pose serious risks to the mother. While ectopic pregnancies sometimes resolve naturally, interventions are often necessary.

**When done ethically, treatment for an ectopic pregnancy is not abortion.** Ethical interventions include the removal of the damaged fallopian tube containing the embryo or, if embryo death has already occurred, medication can be used to resolve the ectopic pregnancy.

**Bottom line: Abortion restrictions never prevent women from receiving life-saving treatment.<sup>2</sup>**

*If you or someone you know is struggling after involvement in an abortion, the Church offers confidential, compassionate help through Project Rachel Ministry. Visit [www.hopeafterabortion.org](http://www.hopeafterabortion.org) for more information.*

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<sup>1</sup> Buskmillier, C. 2018. "The ethics of interstitial and cesarean scar ectopic pregnancies: four case studies and a review of the literature". The Linacre Quarterly 85(3): 252-269.

<sup>2</sup> For further information on these topics, reference: [1] National Catholic Bioethics Center, "Medical Interventions During Pregnancy in Light of Dobbs," <https://www.ncbcenter.org/ncbc-news/bioethics-public-policy-report-august-12-2022-e79x2>. [2] American Association of Pro-Life Obstetricians and Gynecologists, "Myth vs. Fact: Correcting Misinformation on Maternal Medical Care," <https://aaplog.org/wp-content/uploads/2022/08/AAPOG-Myth-vs-Fact-v5.pdf>.

# La verdad sobre el **aborto** y **la salud de la mujer**

**El aborto no salva la vida a las mujeres.**

**El aborto** es el **asesinato** directo e **intencional** de un niño en el seno materno.

**El aborto nunca es una necesidad médica.** No trata ni soluciona ninguna complicación relacionada con el embarazo.

**Prohibir un aborto no afectará el tratamiento para un aborto espontáneo.**

**El tratamiento para un aborto espontáneo y un aborto no es lo mismo.**

Hay una total diferencia moral y jurídica entre perder un hijo por un aborto espontáneo y quitar la vida a un hijo de manera intencional.

En el caso trágico de un aborto espontáneo, puede ser necesaria una cirugía, y esta constituye un tratamiento ético— para quitar los restos de un niño no nacido que *ya murió*.

Aunque la misma cirugía se hace en un aborto, los abortos imponen este procedimiento en un **hijo vivo** con la **intención** de terminar su vida.

**Las mujeres pueden conseguir tratamientos necesarios para salvarles la vida sin recurrir a un aborto.**

En raros casos, y si no hay mejores alternativas, si hay afecciones de salud maternal que pongan en riesgo la vida se pueden requerir intervenciones que indirectamente **y sin intención tengan como resultado la muerte de un niño en el seno materno**. Las restricciones en los abortos **no impedirán que las mujeres reciban estos tratamientos**.

Cuando la vida de la madre y del hijo están en peligro inminente, el objetivo es bregar para salvar a ambos pacientes. **Existen tratamientos efectivos que buscan salvar la vida de la madre y nunca dañar intencionalmente a su hijo en el vientre.**

Cuando la vida de una mujer está en riesgo durante el embarazo, se puede realizar un parto prematuro como una intervención médica para salvar la vida con la intención de preservar la vida de la madre y del hijo.<sup>1</sup>

**Los embarazos ectópicos** ocurren cuando un embrión se implanta fuera del útero, por lo general en las trompas de Falopio. Lamentablemente los embriones no pueden sobrevivir y esta afección puede implicar graves riesgos para la madre. Aunque los embarazos ectópicos a veces se resuelven de manera natural, las intervenciones por lo general son necesarias.

**Cuando se hace de manera ética, el tratamiento para un embarazo ectópico no constituye un aborto.** Las intervenciones éticas implican quitar la trompa de Falopio dañada que contiene el embrión o, si el embrión ya murió, se puede usar medicación para solucionar el embarazo ectópico.

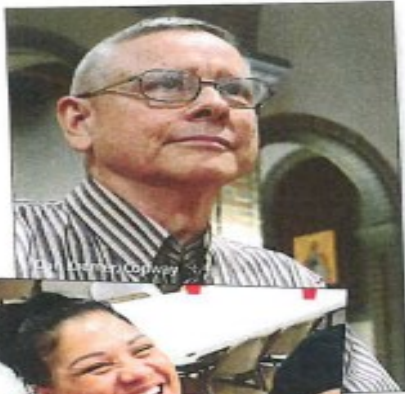
**Conclusión: Las restricciones al aborto nunca impiden que las mujeres reciban el tratamiento que les salve la vida.<sup>2</sup>**

*Si tú o alguien que conoces está teniendo dificultades después de participar en un aborto, la Iglesia ofrece ayuda confidencial y compasiva por medio del Ministerio Proyecto Raquel. Visite [www.esperanzaposaborto.org](http://www.esperanzaposaborto.org) para más información.*

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<sup>1</sup> Buskmiller, C. 2018. "The ethics of interstitial and cesarean scar ectopic pregnancies: four case studies and a review of the literature". The Linacre Quarterly 85(3): 252-269.  
<sup>2</sup> Para mayor información sobre estos temas, puede ver las siguientes referencias: [1] National Catholic Bioethics Center, "Medical Interventions During Pregnancy in Light of Dobbs," <https://www.ncbcenter.org/ncbc-news/bioethics-public-policy-report-august-12-2022-ezqx2>. [2] American Association of Pro-Life Obstetricians and Gynecologists, "Myth vs. Fact: Correcting Misinformation on Maternal Medical Care," <https://aaplog.org/wp-content/uploads/2022/08/AAPLOG-Myth-vs-Fact-v5.pdf>.

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Father Thomas Conway

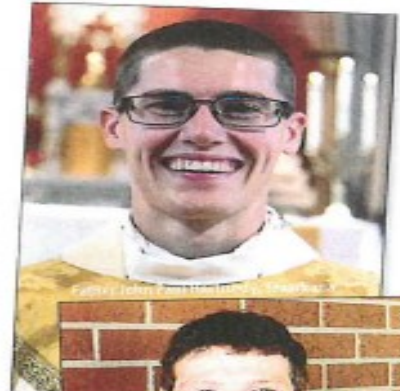


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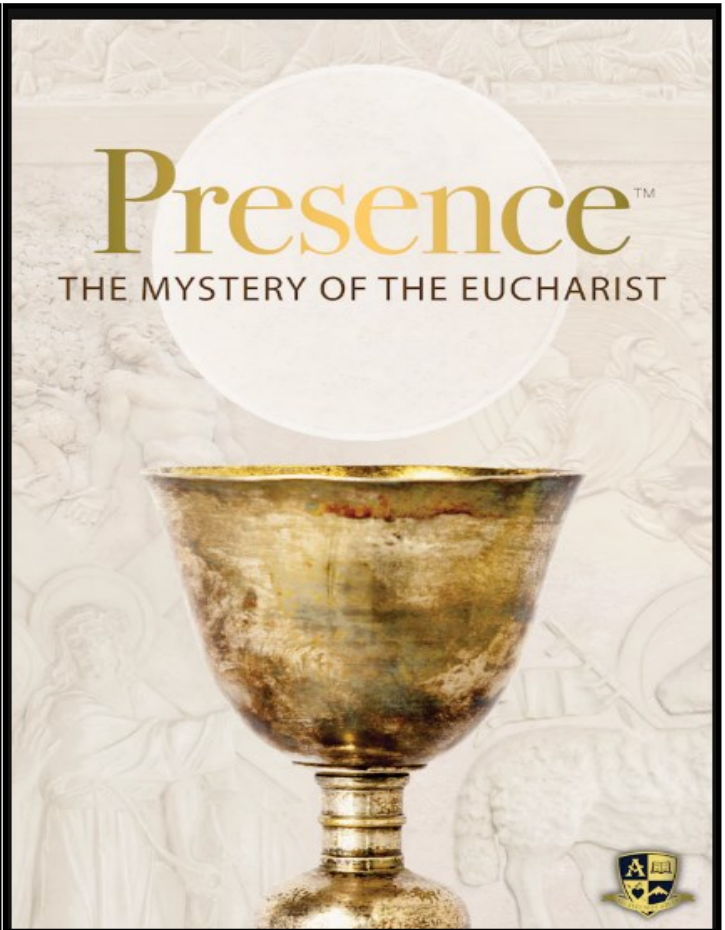
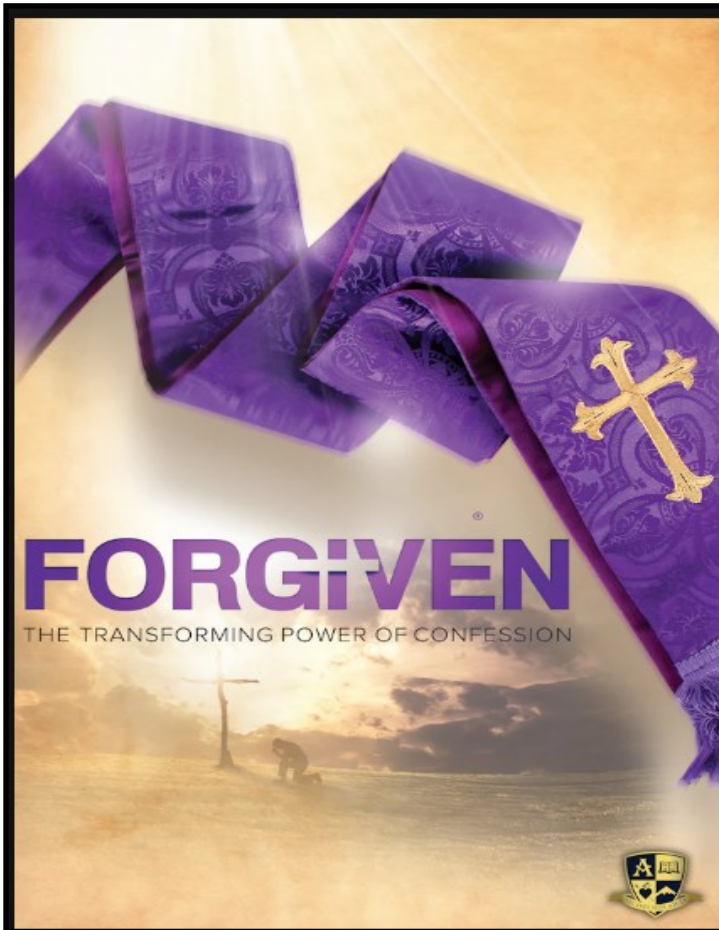
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